

ARADHANA DWANI

October - December, 2021

INDIA REGION- ASC



... At Your Word...

THE FEAST OF OUR LADY OF HOLY ROSARY

“The Holy Rosary represents a symbol of Mary’s graces. Christians invoke her as the “Queen of the Most Holy Rosary”, which conjures up most brilliant conquest of faith over evil and over the faithful’s religious ignorance” (Pope Pius XII). The month of October is dedicated to the Holy Rosary. In 1569 Pope Pius V officially approved as it is known today. Four years later, in 1573 he established the Feast of Our lady of the Rosary in thanksgiving to Our Lady to commemorate the naval victory of Christians over the Turks at Lepanto - a victory attributed to the praying of the rosary on 7th October 1571.

St.Padre Pio declared, “The Rosary is the weapon for these times.” The battle of Lepanto applies to us in our daily conflict of fear, threat, uncertainty, losing faith and hope. The Holy Trinity sent a weapon through the Blessed Virgin Mary to fight against sin and death. As a Christian prayer, the Holy Rosary involves meditation on the twenty mysteries surrounding the lives of our Lord Jesus and the Blessed Virgin Mary. The Rosary engages our thoughts, imagination, emotion and desire and deepens our convictions of faith, prompting a conversion of heart and strengthening our will to follow Christ (CCC#2708).

The Rosary without meditation on the sacred mysteries of our salvation would almost be like a body without a soul, excellent matter, but without form which sets it apart from other devotions. Well the month of October is a good time to re-evaluate the place, the Rosary has in our lives. Contemplation is a fundamental part of the Rosary.’ Devotion to the saints and especially to Our Lady is so important because it marks out why our faith is so special. God’s grace is not something superficial, but penetrates the core of our being. God has promised to make us like Himself. Our Lady is the first in whom this promise has been fulfilled, and so she is worthy of the highest of praise. Today we are asked to pray the Rosary to obtain peace in the world and to end the Pandemic Corona Virus from the world.

The celebration of the Rosary invites all of us to meditate upon the mysteries of Christ, following the example of the Blessed Virgin Mary who was so singularly associated with incarnation, passion and glorious resurrection of the Son of God.

Sr.Elsy Palatty, asc

THE HOLY EUCHARIST AS A SACRAMENT OF LOVE AND FORGIVENESS OF SINS



The Eucharist is one of four sacraments that impart the forgiveness of sins. Jesus made the Eucharist and forgiveness connection at the last supper when he took a cup of wine and said, this is my blood which will be shed on behalf of many for the forgiveness of sins. Eucharist helps build a community of love. The Eucharist is the sacrament of unity, Jesus unifying his people. Through the personal love that one shares with the saviour, one is more able to grasp the reality that we are the whole body of Christ. prayers as a community, especially intercessory prayers for the needs of the community and the world, help to build a 'civilization of love' - to 'transform the world.' the prayers that we say can draw the world and everybody in the world closer to Christ and to god the father for his blessing.

How can our encounters with the lord not cause us to fall more and more in love with him? as we yield to such love, it will prompt hunger for scripture and the sacraments as

we seek to know and experience him on a deeper level. it will make us remember him throughout the day, inspire us to do little things 'just for him' and try and make ourselves more attractive to him by lives of purity and holiness.

indeed, earth is joined to heaven each time we are united with the saints and angels in extolling god, who, in worship we see, if not with the sight of eyes, then with the eyes of faith. It is at this moment when we are most intimately in communion with god that we experience a taste of heaven, a foreshadowing of what it will be like, when, by god's grace, we enter into everlasting life.

This Eucharist the whole Christ is his gift to all. Whether we are young or old, sick or healthy, poor or rich, only by regularly partaking in the sacrifice of the holy Eucharist, can we reap immense spiritual and temporal blessings in our lives! the Eucharist is the 'living fountain of life' where we drink in the love of Christ who alone quenches our thirst. Thus, our time spent with our beloved saviour in adoration, can become the most profound, meaningful, joyful, peaceful and healing experience we could ever encounter! May our adoration never cease.

Sr.Silvia Guthala, Asc – Shilon

October is the month of Missions. The Holy Father, in his intention for the month of October has called for prayers that all Christians might be "missionary Disciples" and open to the demands of the Church's evangelizing mission. Let each of us take ownership for the mission of the Church, saying in our hearts the words: "Mission begins with ME!"

My soul glorifies the Lord.....

We are justified in the blood of Christ". Our hearts are filled with gratitude and joy for all the blessings and graces that we experienced in our lives. We thank the Almighty for calling us to work in his vineyard and to partake in his paschal mystery. We thank our dear mother Mary who remains always as an inspiration to walk in the path of her divine son Jesus Christ. We always experienced and experiencing the guidance of our beloved founders St.Maria De Mattias, her words are always an inner voice and which recalls us that we are called to this holy institute to become saints(strive to become saints) thus to remain an image of Christ to the people.

"Love is slow to suspect quick to trust

Love is slow to reason out quick to forgive

Love is slow to condemn quick to justify

Love is slow to expose quick to shelled

Love is slow to belittle quick to appreciate

Love is slow to provoke quick to help"

Yes dear sisters the love and concern that you show us is all words less to explain , you are always an pearls to us we can't express with words but it is only been expressed and showed through our lives. We are very grateful to you. As the Lord says "love one another as I have loved you". We love you and we remain grateful to you for all your love, care support and concern that you have for us, especially our hearts are filled with gratitude to our Regional Team and to our formators who helped us to know the will of God in our lives and remained an inspiration to us.

A careless word may kindle strife, A cruel word may wreck a life,

A bitter word may instil hate, A brutal word may smite and kill,

A gracious word may smooth the way, A joyous word may light the day,

A timely word may lesson stress, A loving word may heal and bless.

By saying these words we remain ever grateful to you dear sisters and continue to support us through your valuable prayers. May Jesus the good shepherded guide and help us in the power of His spirit to carry out his work of saving souls in all earnest.

Sr.Josephine Agnes Mary & Sr.Rosy Bandi - Bengaluru

“For a Synodal Church: Communion, Participation and Mission

The word “Synod” comes from the Greek word: “Sinodus” meaning “Assembly” or “meeting” and is analogous with the Latin word “Concilium” meaning “Council”. Synod began after Second Vatican Council, a consultative body of the people of God to help Pope plan and propose on various topics and issues of the Church. This year marks 50 years of the convening of the Synod of Bishops in Rome.



General understanding of the Process of a Synod

The process of a Synod focuses on a particular aspect of the life of the Church. For this the Holy Father chooses a topic that needs urgent attention in the Church. He constitutes a core group of experts with a Secretariat at the Vatican. They work together to bring out a preparatory document called Lineamenta (an outline on the topic of the Synod). It will be sent to all the churches of all the rites, dioceses and major superiors of religious Congregations for their feedback. All the collected feedbacks are gathered together by the Secretariat and bring out a more focussed document called Working Document which will be used during the Synod as Instrumentum Laboris. The Synod Fathers discuss on the Instrumentum Laboris and articulate Proposals to the Pope for further consideration. The Pope after going through it promulgates the post Synodal Apostolic Exhortation.

“For a Synodal Church: Communion, Participation and Mission

With this convocation, Pope Francis invites the entire Church to reflect on a theme “For a Synodal Church: Communion, Participation and Mission” that is decisive for its life and mission. By journeying and reflecting together on the journey that has been made, the Church will be able to learn through Her experience which process can help Her to live communion, to achieve participation, to open herself to mission (Synod preparatory Document).

The Logo of Synod

The logo designed by Isabelle, a French artist, depicts a huge tree in the form of hands, cross and Holy Spirit, with the Holy Eucharist that shines like the Sun. It is from this Tree of Life, the Church represented by entire humanity **walking together** (Synodal Church). Please notice the Bishop and Nun are not in front of the people, but among the people.

Phases of Synod October 2021- October 2023

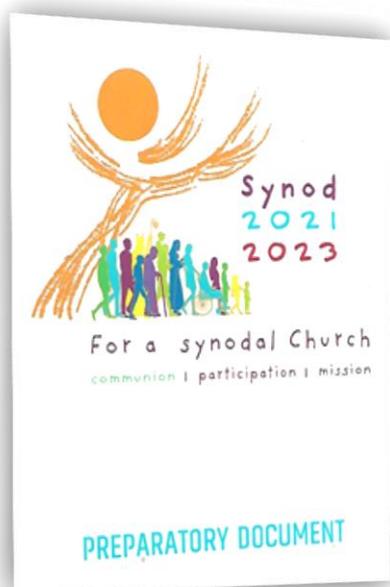
- **Earlier decision:** It was reprocessed by Pope Francis for the first time in the history of Synods. It begins from October 2021 to October 2023. The work will start from the faithful in the families, communities and parishes. Then it moves to dioceses, episcopal conferences, continental conferences and finally Synod.
- **Opening of the Synod: 9-10 October** at Vatican and on 17th October at Dioceses.

- Pope Francis proposed a new approach with three phases for the Synod :
1. **Diocesan Phase - October 2021 - April 2022:** Lineamenta and Questionnaire with the help of a Vademecum of guidelines will be discussed in dioceses.
 2. **Continental Phase - September 2022-March 2023:** 1st *Instrumentum Laboris* (Working document).
 3. **Universal Church Phase - October 2023:** 2nd *Instrumentum Laboris* to the Synod Fathers.

This Synod comprises of three phases, between October 2021 and October 2023, a diocesan phase and a Continental phase that will give life to two different Instrumentum Laboris, and finally a conclusive phase at the level of the Universal Church. The diocesan phase which begins from 17 October 2021 includes a Pre-Synod that is participated by all the people of God within the diocese. To help the pre-synod at the diocesan, the Lineamenta and the Vademecum (handbook of resources and guidelines) will help the diocese to play an active role in the process towards the Synodality.



In the preparatory document all are called to participate in this special Synod. He points out that ‘communion’ and ‘mission’ can risk remaining somewhat abstract, unless synodality is concretely expressed at every step of the synodal journey and activity, encouraging real involvement on the part of each and all. “The entire baptized are called to take part in the Church’s life and mission.” “Enabling everyone to participate is an essential duty”, Pope Francis stressed adding it is an indispensable ecclesial commitment based on the “identity card” of the baptism.



Keeping in mind that God’s style is one of closeness, compassion and tenderness, the Pope said the Synod is also an occasion for the people of God not to be aloof but to become a Church of closeness by her very presence, bandaging wounds and healing broken hearts with the balm of God .Let us journey together, in order to experience a Church that receives and lives this gift of unity and is open to the voice of the Spirit. “

...We recall that the purpose of the Synod, and therefore of this consultation, is not to produce documents, but “to plant dreams, draw forth prophecies and visions, and allow hope to flourish, inspire trust, bind up wounds, and weave together relationships... “ (**Synod - Preparatory document**).

NB - All the communities will receive a copy of the preparatory document in preparation for Synod.

Sr.Elsy Palatty, asc



My Memorable Experience in CCC (COVID CARE CENTER) and Quarantine Centre

“God loves a cheerful giver. “

I truly believe surrender oneself for God’s work and he will take care of you by all means. It has been an amazing experience working as a religious sister and laity staying in the same room praying and sharing meals above all working for a great cause even risking their families. I thank God who helped me discern his plan



after the death of one of my loyal staff and my co sister who had contracted Covid. I knew God would use

me for his mission I just wanted him to make me worthy to reach out to the vulnerable children by all means. I thank the provincial team for having accepted my request and giving me the permission during the pandemic to take a daring step to work for a greater cause. Today so many congregations know adorers are bold and courageous to do anything for saving the precious Blood of Christ.



It has been a joy serving the children in the COVID CARE CENTER and quarantine centre on the whole I had

been coordinating 5 centre in our NGO know as DREAM INDIA NETWORK. We have catered to around 503 children. it has been a beautiful experience for me to cherish all my life. It had been adventurous as well challenging to work with Covid care centre. At times to get a caretaker or a janitor was initially very difficult to get because of the social stigma but I was so grateful to God that the team was so helpful and collaborative that during the first month we managed to do the cleaning by ourselves and to be evermore thankful to god is that none of us had contracted covid by all means. God has been are protecting God.

It has been a blessing to render our services to so many families of the vulnerable kids.

Sr.Jessie D’Souza - Bengaluru

Formees Corner

A December To Remember



Christmas is close at hand. Despite the pandemic, the cheer is in the air. We are very happy to celebrate this Christmas as this year there is a fall in the corona cases. Though there will be fewer parties and celebrations considering the corona virus pandemic we hope still we can celebrate with whom we stay and attend the Holy Mass and have some fun and sharing together. We are longing for our child Jesus to come into our hearts to make us anew. He will come to us to reveal his tender love.

Christmas is one of the most joyous festivals of the year; it is awaited by everyone, including children and grownups. The glittering decorations, gifts, cakes, delicious meals, Christmas carols, everything about the festival is just splendid but above all it's all about the love, laughter and the precious time spent together. Child Jesus reveals to us what real, genuine and unconditional love is. As we are getting ready to celebrate the birth

of our saviour our desire is to become more human and kind, to show love and care to the less fortunate. Christmas reminds us the importance of giving and sharing with friends, family, loved ones and the needy. In this Christmas we desire to give "A little smile, a word of cheer and a bit of love" for someone near to us. Our prayer for this Christmas is "May our world be filled with warmth, peace, good health and good cheer" in this Holy season and throughout the year.

The A to Z of Christmas

A – Angel , B – Bell , C – Carol, D – Decorations, E- Emmanuel, F – Frankincense, G- Gloria, H – Holidays, I - Infant Jesus, J - Jingle bells, K- Kings, L- Lights, M-manger, N - Night Vigil, O – Ornaments, P – Peace, Q- Quite Night, R- Rejoice, S- Star and Snow, T- Tidings, U- Unwrap , V-Virgin Mary, W- Wise Men, X- Xmas, Y-Yuletide, Z-Zest

Sinai and Rupa (Pre-Postulants)

Congratulations and best wishes to Sr. Mariamma Kunnackal!
Congratulations & Prayerful wishes to Reshma Danish as you commence your International Novitiate



Congratulations & Prayerful wishes to you dear Sr. Josephine Agnes Mary & Sr. Rosy Bandy.



Soico-Medical Activities

Angamaly - Maria Nilayam

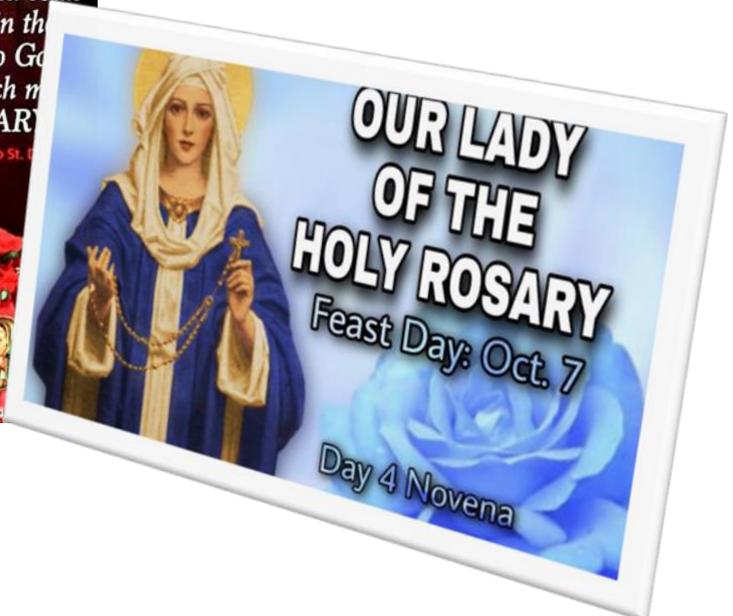
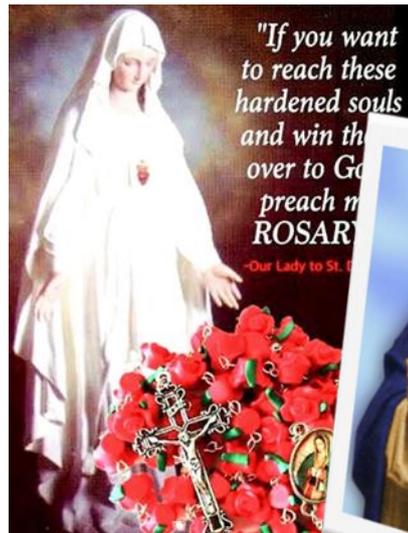
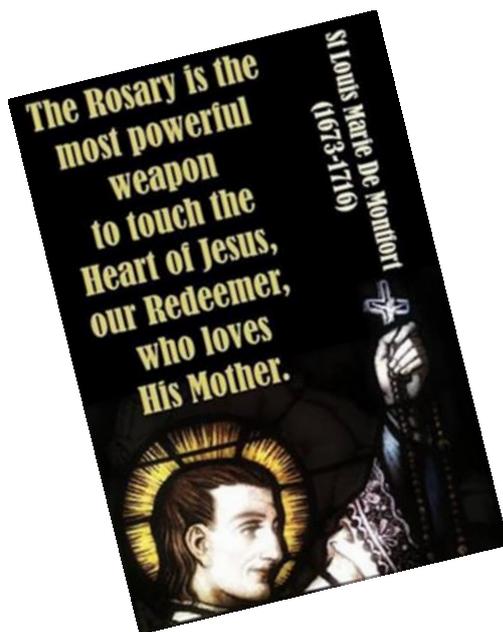
**Senior Citizens' Day Celebration.
Congratulations to Sr. Beena ,
Sr. Rotion & Community**



8th Annual Day Celebration of Christy Girls Home Congratulations Sr.Lourdu Susai & the Community -Kolar



October, 31 devotional days with
Our Lady of Rosary, pray for us!



1st November- feast of All Saints

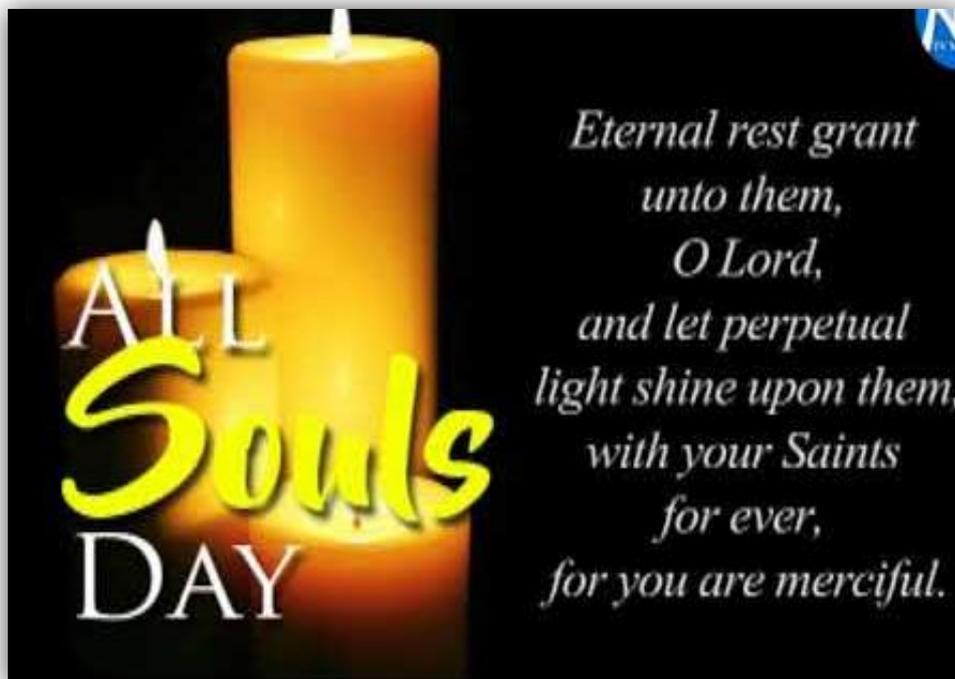


**St. Maria De Mattias,
Pray for us!**

“Remember that God has called you to this holy Institute to become a saint and to sanctify other souls which cost Jesus, our Crucified Spouse’ Blood.”

(St. Maria De Mattias # 659)

**2nd November- All Souls Day -
May the departed souls of
our dear ones from our
Congregation, Region, families and friends
rest in peace!**



December, 2021-Merry Christmas to all!

Just as Mary, Joseph too was important in God's plan, he took loving care of Mary and gladly dedicated himself to Jesus Christ's upbringing. He shared in the mystery of the Incarnation, as much as Mary did. Mary said yes to the Angel's message, Joseph did what the Angel commanded him. The faith of Mary meets the faith of Joseph. In this way together with Mary, Joseph became the guardian of the mystery of the Incarnation.

God liked to hide in the manger and in the arms of Mary and Joseph. God hid today in the young girls who are seeking to express their calling, the Christian persecuted the unborn who is to be aborted and so on. May this Christmas for us a time when we learn to imitate St. Joseph, and become a guardian, a protector of God hidden amidst of humanity.



Upcoming Events:

- **A day of Reflection on Saturday 13th November, 2021 from 11.30 to 12.30 by Rev. Dr. Kurian Kachapilly CMI & Voting of Delegates.**
- **The Provincial Chapter - 26-29, January, 2022**

PRAYERFUL BIRTHDAY GREETINGS

October

Sr.Mariamamma Muttel	01
Sr.Mini Vadakumpadan	03
Sr.Chitra Pulickakunnel	04
Sr.Christina Innasappa	15
Sr.Deepika Tirkey	25
Sr.Jyothi Vorugonda	30



November

Sr.Rosamma Vithayathil	01
Sr.Arockiammal.	01
Sr.Sherly Koorkamattam	11
Sr.Catherine Yesthaki	11
Sr.Mariamamma Kunnackal	13



December

Sr.Bincy Marottikudy	07
Sr.Marykutty Kanattu	10
Sr.Viji Parekkadan	11
Sr.Mini Vadakumcherry	14
Sr.Valsa Mammoottil	26