



ARADHANA DWANI

July - September, 2020

INDIA REGION- ASC

... At Your Word...

Precious Blood, Ocean of Divine Mercy Flow upon us!



Precious Blood, Ocean of Divine Mercy, flow upon us! Precious Blood, Most Pure offering, procure us every grace! Precious Blood, Hope and refuge of sinners, atone for us! Precious Blood, Delight of the holy Souls, draw us. (St.Catherine of Siena)

The month of July is specially dedicated to the Most precious Blood of Jesus Christ. As a Congregation titled “**Adorers of the Blood of Christ**”, is reminded of our special devotion to the power of the Blood of Christ. Ours is a Paschal identity, signed in the Blood of the Lamb. To reveal His infinite love for us and in consequence of His great mercy, Jesus Christ our divine Redeemer consented to shed His Precious Blood for us, in the midst of suffering and humiliation, as the price of our salvation and glory (Constitution). We have received as spiritual patrimony the devotion to the Precious Blood of Jesus and that is the heart of our spirituality. May the Precious Blood of Jesus Christ, save us.

The Corona Virus is altering social life in ways that we can and cannot yet perceive. Pain and sufferings do not have the final say over human existence, instead, they become a means by which God redeems souls of them who through prayer, follow the footsteps of the Lord and cling to the Crucified one in prayer. Let us discover the face of Jesus Christ in the poor, sick, abandoned and those affected and infected with Covid-19, and those in quarantine. We need to accompany the people to get closer to God. Jesus our Redeemer cover us with your protective Precious Blood. In union with your Precious Blood, pour out on the Cross and offered in every holy Eucharist, we offer today the sorrows and sufferings of humanity due to Corona Pandemic. May the ocean of the Precious Blood of Jesus Christ, poured out on the humanity, pardon the iniquities and sins of the world, cover the world and heal everyone from Fear and Infection of Corona pandemic and bring back peace, good health and harmony in the world around.

Sr.Elsy Palatty, asc

History behind the Solemnity of the Most Precious Blood

This feast, celebrated in [Spain](#) in the 16th century, was later introduced to [Italy](#) by [Saint Gaspar Del Bufalo](#). For many dioceses there were two days to which the Office of the [Precious Blood](#) was assigned, the office being in both cases the same. The reason was this: the office was at first granted to the [Fathers of the Most Precious Blood](#) only. Later, as one of the offices of the Fridays of [Lent](#), it was assigned to the Friday after the fourth Sunday in Lent in some dioceses, including, by decision of the [Fourth Provincial Council of Baltimore](#) (1840), those in the United States.

When [Pope Pius IX](#) went into exile at [Gaeta](#) in the [Kingdom of the Two Sicilies](#) (1849), he had as his companion Father [Giovanni Merlini](#), third superior general of the Fathers of the Most Precious Blood. After they had arrived at Gaeta, Don Merlini suggested that the pope make a vow to extend the feast of the Precious Blood to the entire Church, if he would again recover possession of the [Papal States](#). The Pope took the matter under consideration, but a few days later, on 30 June 1849, the day the [French](#) army conquered Rome and the insurgents of the [Roman Republic](#) capitulated, he sent his domestic prelate Joseph Stella to Father Merlini with the message: "The pope does not deem it expedient to bind himself by a vow; instead His Holiness is pleased to extend the feast immediately to all Christendom."

On 10 August of the same year, he officially included the feast of the Most Precious Blood of Our Lord Jesus Christ in the [General Roman Calendar](#) for

celebration on the first Sunday in July, the first Sunday after 30 June, the anniversary of the liberation of the city of Rome from the insurgents. In reducing the number of feasts fixed for Sundays, [Pope Pius X](#) assigned the date of 1 July to this feast. In 1933, [Pope Pius XI](#) raised the feast to the rank of [Double of the 1st Class](#) to mark the 1,900th anniversary of Jesus's death.

In [Pope John XXIII](#)'s 1960 revision of the General Roman Calendar, the feast was classified as of the first class ([General Roman Calendar of 1960](#)). The feast was removed from the General Roman Calendar in 1969, "because the Most Precious Blood of Christ the Redeemer is already venerated in the solemnities of the Passion, of Corpus Christi, of the Sacred Heart of Jesus, and in the feast of the Exaltation of the Holy Cross. But the Mass of the Most Precious Blood of Our Lord Jesus Christ is placed among the votive Masses". But our congregation continues to celebrate it on 1st of July.



May the most Precious Blood which flowed from the Most Holy Wounds of our loving Lord Jesus pour over us, to wash, cleanse, purify, heal, guide, and protect us from all evil, harm, sickness, and bless and make us holy.

Sr.Mini Pallipadan, asc - Bengaluru

Testimony on Power of prayer

God is my Treasure

I am Mrs.Harshitha, a Hindu - aged 27 and I am a teacher at St Maria De Mattias School Mysuru. Here I would like to give a testimony of God's favour in my life that I received and experienced from Jesus. I was a person who bathed in the sorrows, tears and brokenness. Sometimes I thought no one in the world who can console and comfort me. I was under depression and sometimes I thought of end my life by suicide myself. In these utter deep sorrows my brother in law heard about Navodaya Charitable Society and suggested me to join for N.T.C. I joined the institution with heavy heart and mind but there I found the treasure of GOD'S LOVE among the Aradhana sisters. All my Aradhana sisters consoled, encouraged, boosted, cared, loved, strengthened and sheltered me a lot, which I cannot explain through words but experienced in the depth of my life. Through their words of Jesus says "God is close to the broken minds and hearts, God has plans for the future and He will give peace those who are heavy burdened, God will not forget His own children; and gave me a new life, new hope, new dreams. All the sisters accepted me as their own by praying for my future. I am grateful to all the Srs. Regina, Jancy, Jaisy, Marykutty, Viji, Gracy, Kanthi, Mini, Celine, Deepika, Rosy, Chinnammal and Vinnarasi.

Thereafter I was appointed as a NTC teacher. It was a fresh breeze that blew in my life to take care of Pre KG kids. God showed His warmth of love and healing touch through these God's babies. Their laughter and loving nature allowed me to forget all my bitter dots of life.

Now I feel so happy because of God's unconditional love and care. I got married on 26th April 2019 as God planned and When I did not get pregnancy all people around me poked me with their words but I prayed to JESUS - every day I burned a candle to Mother Mary and St.Maria De Mattias and prayed Psalm 91 everyday, Chaplet of divine mercy, way of the cross, prayer to Infant Jesus and attended Christian charismatic retreat. I believe that God is very dear and near to me. Miraculously now I am conceived 2020. My life is bright because of God's grace and He sowed a seed of faith in my life that I will not "ABANDON GOD" anymore and anytime because he will not "ABANDON ME". All praises and glories to Jesus. All honour to Mother Mary. All devotion to St.Maria De Mattias. PLEASE PRAY FOR ME SISTERS AND THANKS TO ALL MY SISTERS.

Harshitha. M - Mysuru

Covid-19 & God's Intervention in life

Man Proposes but God disposes

It is really a moment of disappointment, frustration, anxiety for our plans and program. During this month of April and May, I was supposed to organize a seminar for my

sisters who are close to their final vows. But Corona Virus locked down all our plan. From this situation what does God want to tell me and to all of us? I could hear an Echo in my heart Listen to the voice of God, listen to Him attentively, He is whispering in our hearts, in our ears, in our minds. Listen to Him, Look at the situations around me, the pandemic Covid-19 encroaching my beloved brothers and sisters without any discrimination big or small, rich or poor, Christian or non-Christian, possessions or power. All of us had to bow down before this tiny creature which is man created out of our mentality of destruction.

At several occasions Pope Francis spoke about the pandemic and the challenge for the Church. This pandemic is like a wakeup call to care better for our common home and its people because all is interconnected (*Laudato Si*).

We Sisters *Adorers of the Blood of Christ* came together to reflect and to discern the plan of God. All of us were very enthusiastic. We realize that God wants something very different from other daily activities. We decided to turn towards Him to be at His feet, Jesus Crucified and to listen to His voice, to intercede him for His mercy and grace to overcome the challenging situations. All of us unanimously agreed to have an exposition of the Blessed Sacrament from 3pm to 7.30 pm. We began our extraordinary prayer, interceding and pleading for the mercy of God for all the cruelty that we do the Planet, to our common Home. The harm we do, not only to the poor and the weak but to all God's creation, like deforestation, developing throw away Culture, huge use of Plastic, pesticide the plants and to its fruits, chemicals that use during cultivations for the crops, Pollution, diverting all the dirty to the rivers and seas, etc. ... Here I quote the Spanish saying that Pope Francis repeated at the general audience on April 22nd : "*God always forgives;*

we men and women sometimes yes, sometimes no; the Earth never forgives."

I also remember the reflection of Pope Francis in that same catechesis on 50th celebration of International World Earth day. The earth does not forgive, if we have deteriorated the earth. How can we restore a harmonious relationship with the earth and the rest of humanity? Harmony is the work of the Holy Spirit. Even in the common house, in the earth, even in our relationship with people, with our neighbour, with the poorest, how can we restore this harmony? We need a new way of looking at our common home. We need an ecological conversion.

Yes, we began a new way of life in our community. My community is formed of with 24 members from different countries. We divided into 4 groups for different responsibility, for cleaning, cooking, reception board, and turn for leading adoration. Here we could hear the voice of God, opening our inner eyes and developed a sensitive hearts to take care of our Common Home to live in Harmony with all God's creation. How? Responding to the Cry of the Earth and the Poor. Holding the hands of Sant' Egidio, we began to prepare 60-100 packets of sandwiches for the poor and hungry, every Thursday and Sunday. Another action that we took as community: a telephone number was given to some of us, to accompany the people who are old and sick and living alone in nearby apartments. We contact them through telephone, enquiring "how are you?, what are you doing? Did you have lunch, or supper"? If they want any assistance, like shopping or medicine we were at their service. We also spare our time through phone, to listen to their pain, anxiety in this moments of desperations . Jesus is using us here as an instrument of shares of peace, love and joy. This brought in each one of us a sense of

belonging to this Earth, respect for the Home of God.

Prayer strengthened our hope. Every day we intercede for the protection of life from Covid-19 for the people of the world, protection for the doctors, nurses, Police, armies, all public officers who are directly involved and dealing with Corona Virus. We are very sad for all those who lost their life. I realize that it is our responsibility to intercede for those people who lost everything, their beloved ones, job, business even life is in dangerous and fearful situation.

One of the positive looks of Covid-19, helped us to build a wonderful and strong relationship between all our families, neighbors, friends, relatives even towards nature. We started appreciating the food what we cultivate in our garden. We realized that all of us are interconnected in prayer, and communion with God. "I Realize Interdependence forces us to think of one world of a common project."(LS 164)

" Go Home , my people and lock your doors! Hide yourself for a little the Lord's anger has passed."

(Isaiah 26:20)

Empty roads, silent parks, closed clubs shuttered shops. Every corner of the world is lonely, silent, fear, anxiety, no noises are heard, no traffic and no Pollution. *Where are we?*

But all other creatures of the world are happy, pleasant, relaxed, birds fly higher and higher, sun shines brighter and brighter, animals jumps up and down, flowers are blossoming ... everything is in its own rhythm, because they breathe well, no fear, no hunters, no enemies, all are locked down in their houses or hospitals.

Corona Virus, a small element or a tiny creature which is not even able to see through our naked eyes, could lock down all

of us in our house. *Where is our Power? Where is our Science? All the Science and Brain of the man bent down before Corona Virus.* No Freedom for us to walk on the streets. Wonder is that we need to keep distance between our family members. All of us withdrawn our heads into one's own shell like Tortoise tries to escape from the enemies withdrawing its head into shell. It feels safe within its shell. She or he is aware of its strength and weakness. A healthy relationship with creation is one dimension of overall personal conversion, which entails the recognition of our errors, sins, faults and failures and leads to heartfelt repentance and desire to change (LS.218).

Pope Francis was interviewed at the end of March by Austen Ivereigh , in his interviews, he says, " go down into the underground and pass from the hyper-virtual, fleshless world to the suffering flesh of the poor. This is the conversion we have to undergo. And if we don't start there, there will be no conversion." One of his expression was God always forgives, we forgive sometimes but nature never forgives.

What does Corona Virus tell us today? The science, the Power , the money is nothing before the power of God. The Corona brings to our awareness that there is only one Almighty Power above all creatures, turn to Him. Asking us to surrender all our weapons of anger, money, selfishness, possessions, hatred, jealousy, pride and manipulations.

Jesus said that if you want to pray, go into your room and close your doors. This is an opportunity for me to turn to my life and into my community relationship to recognize my own shortcomings and realize the harm that I have done to God's creation and to make changes within me. These are the moments for me to build up Joy, Love, fun and unity among the members of my community and spend more time in prayer and intercede for the world for God's mercy. Identify and fulfill the good that is done to others and to the community. As Laudato Si' says, I need to experience a

conversion or change of heart. This situation helped me to respond positively to the evils found in society, the country, the church and above all in myself. Whatever we say, whatever pains or humiliations we may endure, let us pour out our last drops of blood towards evil. I wish and pray may each one of us too be resurrected by the courage, Hope and fidelity of the risen Christ.

Sr.Rani Padayattil ASC - Rome

Corona Pandemic A time to Pray

I would like to share my experience during this pandemic Covid -19, how it helped me grow spiritually, to spend more time with my Lord and my sisters in the community. This gave me a lot of strength and courage to accept these difficult times and how to think and act in a positive manner amidst all the uncertainties.

Sharing a story from Khalil Gibran, once while a farmer was ploughing his field, he found a beautiful sculpture, realizing that he had no use of it, he decided to sell it. He approached a wealthy artist who was amazed seeing it. He bought the sculpture at a huge price from the farmer. On his way, the farmer thought to himself, what a fool the artist was to spend so much when we can buy many other useful things. Similarly the artist thought how foolish the farmer was to sell such an expensive sculpture for a small price. Both thought differently, we need to understand the value of the things we own.

My dear Sisters, during this pandemic we are left with plenty of time, it is the time to spend with our Master Jesus, building and nurturing our relationship with our Lord. We can read spiritual books and develop our understanding and deepen our faith, praying the rosary, reading scriptures, spending time in adoration without redeeming Christ, doing small works of charity, starting first within our community as charity always begins at home.

We can spend more time amongst our sisters by listening, helping, encouraging, supporting, understanding, accepting and forgiving. Let us practice more humility and simplicity like our heavenly Mother Mary, and our beloved foundress St.Maria and above all our spouse Jesus Christ who called us out of His great Love to each one of us, even though we are not worthy of His love, He made us worthy of Him. Though we are happy being together and content, we need to understand the struggle of our brethren who are suffering in many ways during this pandemic. We need to see how we can render our service and share with them the providence of God's mercy and Love.

In Mt.14:13-21, we see how Jesus understood the people's needs and showed His mercy and compassion by feeding Five thousand people. We too need to lift up the pains, struggles and needs of the people around, in our congregation and everyone the world over in our prayers and present them before our merciful and loving father. Let us remember all those who have lost their life due to COVID-19 and natural

calamities, those who are now sick and suffering. Let's pray for the divine healing of our Lord Jesus Christ upon them. Along with our prayers, let us try and help in whatever else little ways we can. With this pandemic we realize that there is no place for caste, creed, color or race. We are all one with Christ and we need to sow our compassion and render our services in different ways.

Dear Sisters, let us remember all those who are serving selflessly during these times; nurses doctors, police and social workers. May Lord continue to protect and strengthen with His precious blood. May His healing touch be upon them. May all of them experience His divine healing and grace, physically, spiritually and emotionally. May God shower His mercy and compassion and Love towards this world. Let there be hope, joy and happiness in the coming days.

Sr. Kanthamani Abburi, ASC - Tarikere

misery and fear. The most tragic event could be poverty and hunger mixed with all these. Could it be



that

people were earning a livelihood till the pandemic struck them? Mostly YES. But now the recent strategy of lockdown in the country had its own challenges in its stride. Earning through work



was a remote chance for many as they were stranded in many places unable to procure their livelihood through work and feed their

families. Many had to stay far off from their homes. Many had to face the demise of their near and dear ones. Many were themselves engulfed by the deadly disease. Many had to face these multiple problems all together. Their wait for a morsel of food seemed endless. Future remained bleak.

Support given to the people affected with Covid-19 by the Adorers

A TINY EFFORT TO EASE SUFFERING

There is so much said over the recent COVID-19 pandemic which has spread its monstrous tentacles over our planet. We have lost many precious lives. The world is stricken with

"God comes to the rescue of those who have nobody to call their own." The Government made its own initiatives for providing food to the suffering masses. But a glass of water given to a dying man has its own importance. So also,



seeing
the suffering people all around

, the hearts of , we, the Aradhana Sisters at Ranchi were touched. We thought that we must plunge into activity to serve the people, who were struggling without food, in whatever little way we could. **"It is better to light a lamp than to curse the darkness- Confucius."** So, we planned to distribute food materials for the people around us. By the Almighty's grace, we were able to supply food materials to about 100 people in the direst hope of helping these many at least so that they would be ultimately grateful to God for coming to their rescue in their utmost needy time.



What we do is very little when compared to what needs to be done. So we hope that our humble initiative shall inspire us to do more and inspire others too so that we may create Paradise upon Earth by practicing the virtue of Loving-Kindness. This is our service to the Almighty with soulful prayers to end the crisis upon earth at the earliest.

Sr.Jancy Pallika & Comty - Ranchi

Extended our Heart and Hands towards people during

Covid-19

Covid -19 has brought all of us into a state of uncertainties and insecurities. In Kolar the lock down period as elsewhere was a very precarious time, where people needed most of all, security of life, especially with regard to daily food.



The ASC community in Kolar extended the hands and hearts in solidarity to the people through the child welfare committee and NGO's. We distributed a good amount of vegetables and other eataries, prepared food kits with other NGO's and distributed directly and indirectly to people. The close by village people also benefitted from our abundance.

Sr.Beena Thoombalan & Comty - Kolar

A LITTLE SPARK OF JOY IN SOMEONES LIFE

*Whatever you did for one of the least of these brothers of mine, you did for me
(Mt 25:40).*

Dear Sisters and Friends, I am happy to share my experience with you. Always we are energized by the Blood of Jesus Christ **"Be courageous and do the good that you can for souls therefore love of the divine Blood."**

The critical situation with the covid-19 (Corona Virus) all the Medias are telecasting news & reports creating anxiety and worry for the future and well-being of the people. In this situation we realize our mission is to be with the people, help the needy, do charity to the poor, moral and spiritual support to them. This is our real mission as a consecrated person. We remember and trust God's promise and helping hand with us to provide service to the humanity in our surroundings those who are in need.



As

Covid-19

continuous nearly 4 months and the government has continued to lockdown to control spreading of corona virus we should support government in order to get normal life situation. All our activities are in "social isolation," we the kadinalvayal community members felt the call of God to reach out the needy in this time of crisis as prior to this outbreak poverty, loss of jobs, loneliness and isolation were serious



problem

in our

locality. In beginning we prayed for all those who affected by Covid 19. We trust in God, pray for those who are fearful, vulnerable groups, those who are affected with corona virus. Not only praying for them but we have given moral support to them.



We offer the chaplet of the precious Blood of Christ, Divine Mercy Rosary and interceding to our beloved Mother Mary to eliminate corona virus from this world. Gradually we started preparing the face mask in our community and provided the mask to the Doctors, Nurses, and those who are working in Vedaranyam and karuppapulam Government hospitals. Also we had given to polices who are risking their own life to safeguard the life of the people.



We too provided the mask to the daily workers who are in need of protecting themselves. They were very happy and appreciated our thoughtfulness, our generosity and our service in this time of need. Due to the lockdown as the people remained inside the house without any job, we found some people are struggling for their daily livelihood. By understanding their pain, suffering and struggle we shared with them some food items to those who are living in utter poverty. We experienced the inner joy as we provided the food items, and the people were very grateful and overwhelmed. It took us back to recall the life of our foundress St. Maria Me

Mattias who had great love for the poor and shared with them whatever she had. Thus we experience the inner happiness and grateful to God. "Try to be in good spirit and endure difficulties with peace of heart. Put your confidence in the Blood of Jesus Christ ". (MDM)

These words of our foundress St.Maria De Mattias encourages to fight with this critical situation and give hope and courage to the people by sharing the Word of God. We pray to our Lord Jesus Christ and all our Angels and saints to bless everyone in the world and change the universe and protect the people from Corona Virus.

Sr.Lourdu Mary & Comty - Kadinalvayal

Covid 19 and our togetherness with the people

As community, we felt the need of being with the people through our prayers and support given to the people around. Day by day we are updating the news about





epidemic covid 19 spread all over the world.

The community supported economically by giving provisions, hygiene and medicines. We gave more preference to the poor especially our mission areas. It was a joyful moments for all of us to feel one with the poor people. It was great support for them at this time of prolonged lockdown and shortage of requirements. Our community made a point to visit and extend our helping hand in whatever ways possible from us.

All the Christian institutions joined together and visited the

government hospital, local police station, and municipality to appreciate their selfless services during this terrible time of fear. Thank the almighty God for the blessings.

Sr.Rotion Mangarayil & Comty - Tarikere

Agonizing Prayer of Jesus Christ

My child, do you know what I suffer whenever I enter the sanctuary of your heart through Holy Communion? Your sins tie me up and beat Me Mercilessly. In your heart there is no one to console Me. You lock up the door of your heart with iniquity. This is what you do to Me with your sinful life. I am the Bread of Life for all who receive Me in a state of sanctity. For love of you I offered My Body as a living sacrifice. My Blood is a precious drink.

Clean the iniquities of your heart. Open the door of your heart for Me. Make your heart a tabernacle of consolation for Me. My child, may I live in your sanctuary from one Communion to the other. Welcome me, Welcome me, Welcome Me my child.

(From Devotion to the Most precious Blood of Jesus)



Selfless service of ASC's to the Children infected with Covid-19 & Neurologically challenged - Palidoro -Italy



Sr.Salomie Vazhayil, asc - Palidoro, Italy

A compassionate journey with the helpless Migrants during Corona Pandemic

"What so ever you do to the least of my brothers you do unto me."

We, the Adorers of the blood of Christ - ASC's of Bengaluru - Koramangala community had the great privilege to work in collaboration with the Archdiocese of Bengaluru to



accompany 55 migrant girls from Jharkhand state. We cared for them for a week, end of May, during these days of Corona Pandemic. It was a journey with the unseen and unknown being. Like St.Maria De Mattias, woman in a hurry we helped these young girls in their time of sadness, to be happy and strong in faith during these experiences of Corona Pandemic, which has brought about lot of uncertainties.

During our stay there we got to know



more and more about these innocent beings who were exploited by the owner of an industrial Estate-Bengaluru. These girls had been recruited from Jharkand after they had been trained tailors there. Once they reach Bengaluru they are been picked up and sent directly to the Factory. They had holiday only on Sunday whereas they had to work daily for 10 hours and had $\frac{1}{2}$ hour break for Lunch. They received a salary for 6000/- to 8000/- and they had



to share the room with either six to eight members and had to pay 600 per head for a month. They cooked their own meals.

When we met them the day we began our stay there, they seemed to be very desperate, helpless and hopeless. I also heard some of them tell me, even if it is 2000 kms we will walk and go home. Sr.Bimla and myself tried to be very empathetic towards them and tried our level best to reinstate hope in them.

But after conversing with them we could see the joy of been listened to. Since we used to eat with them and we too slept in the same room along with them. They felt they were accepted and felt at home next day morning they started to eat well. We conducted some activities, taught exercises, counselled them, conducted some classes, meditation and concentration exercises. I heard them express after your coming we felt so comforted and consoled.

We also conducted classes speaking about their rights at work place. Most of them had just completed tenth grade and few were ninth and dropouts. We had a very good team work along with localities who really tried to provide for them some delicious food, they helped us in every way.

It was a coming together to face the situation in a positive manner. For me it was a faith experiences as well an experience of perseverance. It gave me immense joy to hear them so happy as they finally boarded the train and called to inform saying, **"Sister your presence has been a God experience for us, we will**

never forget you". We touch person with our gentle gestures of kindness and love. Indeed it has been a God experience for me as well a blessed missionary stay. We could prove to the people around that none of them had covid-19.

When we intend good of others, God himself takes the lead to complete the mission. I thank God for increasing my trust in Him. The girls are in quarantine for 10 days on reaching back to Jharkhand state. They still keep updating us about their stay there. I am grateful to Jesus who called me to this life that I was able to be an instrument in His hands to support these young girls. Thank you St.Maria De Mattias for nurturing in me desire to uplift the women and girl children who suffer in the society due to various reasons. I could utilize my counselling professional qualification to give them back their life energy. Thanks to the provincial team for giving me this opportunity to serve the most deserving.

*Sr.Jessie D'Souza, Asc - Bengaluru,
koramangala*

THE MOST SUCCESSFUL PERSONS

Why do we do the things we do?

Do we love our friends simply because we are attracted to them, or do we love them because of who they are? Are we kind and generous toward others in order to gain respect, or are we kind and generous because we want to serve?

Sometimes we do the right things for the wrong reasons, and so it is important for us to ask ourselves why we do the things we do.

Doing the right things for the wrong reasons erodes the goodness of what we do. It even erodes the success of our actions, for things done out of selfishness are done without the insight and care that make them fully efficacious. The most successful persons in life are those who act with the greatest amount of selflessness. They have the insight to give to others what they most need to receive.

There are 4 true rules to success, who dare to imagine the impossible things can break the human limitations. Invention have emanated from creativity that have been constantly working.

- ✓ The first rule is great aim.
- ✓ The second rule is continuous acquire knowledge.
- ✓ The third rule is hard work and the,
- ✓ Fourth rule is perseverance

So let us ask God to have these 4 rules in order to be successful persons for the sake of his kingdom. Let us work hard to acquire it for the selfless service to the people whom god has entrusted to us.

Sr.Jancyrani, asc - Bengaluru

**May the Most Precious
Blood that pours out
from the Sacred head
of our Lord Jesus
Christ, cover us now
and forever. Amen.**

Formees Corner



BLOOD OF CHRIST WHO SAVE US

**Quotations related to Precious Blood of Jesus
from New Testament**

**ST.MATHEW: 26:28 : For this is my Blood
of the covenant which is poured out for
many for the forgiveness of sins.**

**27:4: He said I have sinned by betraying
innocent Blood.**

**ST.MARK :14:24: This is my Blood of the
covenant which is poured out for many.**

**ST.LUKE: 22:20: This cup that poured out
for you is the new covenant in my Blood.**

**22:44: In his anguish he prayed more
earnestly his sweat became great drops of
Blood falling down on the ground.**

**ST. JOHN: 6:53: Very truly I tell you unless
you eat the flesh of the son of man and
drink his Blood you have no life in you.**

**6:54: Those who eat my flesh and drink my
Blood have eternal life and I will raise
them on the last day.**

6:55: My flesh is true food and my blood is true drink.

6:56: Those eat my flesh and drink my Blood abides in me and I in them.

ACTS: 20:28: Keep watch over yourselves and over all the flock of which the Holy Spirit has made you overseers to shepherd the church of God that he obtained with the Blood of His own Son.

ROMANS: 5:9: Now that we have been justified by his Blood.

1CORINTHIANS: 10:16

The cup of blessing that we bless is it not a sharing in the Blood of Christ.

11:25: This cup is the new covenant in my Blood.

15:50: Brothers and sisters is this flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

EPHESIANS: 2:13: But now in Christ Jesus you who once were far off have been brought near by the Blood of Christ.

COLOSSIANS: 1:20: Through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the Blood of his Cross.

HEBREWS:9:12: Not with the Blood of goats and calves but with his own Blood thus obtaining eternal redemption.

9:14: How much more will the Blood of Christ, who through the eternal Spirit, offered himself without blemish to God purify our conscience from dead works to worship the living God.

9:20: This is the Blood of the covenant that God has obtained for you.

9:22: Without the shedding of Blood there is no forgiveness of sins.

10:19: We have confidence to enter the sanctuary by the Blood of Jesus.

10:29: How much worse punishment do you think will be deserved by those who have spurned the son of God profaned the Blood of the covenant which they were sanctified and outraged the spirit of grace?

13:12: Therefore Jesus also suffered outside the city gate in order to sanctify the people by his own Blood.

1PETER: 1:18-19: You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the Precious Blood of Christ, like that of a Lamb without defect or blemish.

1JOHN: 1:7: We have fellowship with one another and the Blood of Jesus his son cleanses us from all sin.

5:6: This is one who came by water and Blood, Jesus Christ, not with the water only but with the water and the Blood.

5:7-8: There are three that testify the Spirit, and the water and the Blood and these three agree.

REVELATION :1:5: To him who loves us freed us from our sins by his Blood.

5:9: For you were slaughtered and by your Blood you ransomed for God.

18:24: And in you was found the Blood of prophets and of saints and of all who have been slaughtered on earth.

19:13: He is clothed in robe dipped in Blood and his name was called the word of God.

Maya Mathew - 2nd yr Novice - Arampilly

MEMORABLE EXPERIENCE

I, Sushma, am glad to share my memorable experience of my community life. On 12th December 2019 I came to Andhra Pradesh at Velgodu, in Kurnool with Sr Marykutty. when I reached here all sisters welcomed me with love and happiness. On the 1st day itself I started my involvement in community. I went for carols to the villages it was really a memorable day for me. I didn't know the people but still they made me one among them from that moment my fears and anxieties were vanished from me. It was time of Christmas to welcome baby Jesus into the lives of many who are in darkness. I got great chance to participate in carols every day and I was so happy to decorate our house more beautifully with the help of girls and sisters; all encouraged me and supported me in all things. I felt at home. I was able to help my dear sisters. when they are in need of my help and each day I got so many opportunities to learn new things and to improve my life's journey. I was involved in various actives like: church activities, taking class for NTC students and evening tuitions for children and going for mass in substations and house visiting.

Lent was a special time of grace, of conversion and of renewals. The gospel teaches us to pray, do penance and give alms. The church calls us to fast and abstain certain things; personal and

communal worship; the works of self-denial; daily mass and reaching out to neighbours in need. During this season of lent I took part in the way of the cross in each substation I was happy that I got chance to experience the suffering of Jesus by experiencing the scorching sun and fasting and alms giving. The people, sisters and fathers inspired me and helped me to understand the value of Christian life. When they share their way of life, I used to thank God for making me to experience the realities of life and to stand firm in my vocation. I became once again aware that God had blessed me with many talents, that I could share with many. I was so happy to be with children teaching them action songs, dance, paintings, some craft works and making them study their subjects and I was encouraging them to identify their hidden talents. They were so happy with me. In church activities I learned many things and I improved my prayer life.

I got nice time to collaborate with people. I improved and learned how to conduct prayers, singing songs for mass in Telegu. My participation in community with sisters I had very good experience. They took care of me and taught me how to endure the difficulties and problems in my life. They have also given me corrections when I did something wrong. During this time of Covid-19 & lockdown I got more time to be with Jesus and to become aware of myself. It was a wonderful opportunity to help the people and praying for the whole world. From first day to till this day my experience was so reformative; many hidden talents were unfolded; leadership potential was engraved. Finally, I would say that an "**umbrella cannot stop rain but allow us to stand in rain. Confidence**

may not bring success but it gives the power to face challenges." During this experience I learned that all difficulties and sorrows could be overcome with prayer.

Divya Sushma- 2nd yr Novice - Mysuru

EXPERIENCE IN THE MINISTRY OF CARE FOR THE DESTITUTE WOMEN

Encourage yourself more and more in the service of God so that you will be able to work much for his glory(#730).

The teaching of the second Vatican council expressed great esteem for the kind of consecrated life in which the religious work for the betterment of the people especially the people who are kept away from the society due to various problems, and disseminating in them the seed of gospel and sharing with them the love of God.

I am happy to share my experience in community life at Arampilly and to share my ministry with sisters collaborating with them in the ministry of taking care of the destitute women. They are the women who are thrown away from the house by their children and kept away from the society due to various problems. we have got 8 inmates. It's a challenging ministry at the same time it is a ministry where we come in touch with the reality of the simple people in the society.

"Do not cast me off in the time of old age, forsake me not when my strength is spent" (Ps:71:9). This is the plea of elderly, who fear being forgotten and rejected. God asks to be his channels of hearing the cry of the elderly. I was with the destitute women for more than three months. As I was moving along with them I realized we should have lot of patience to listen to them in order to understand their problems. Being with them I realized that the basic need of one person is to love and to be loved. Jeevadhan also is a place where we realize how much God cares for us; and for me it was first experience with the elderly spending my time fully with them. So in the beginning days I found little difficult but Sr. Bincy helped me to move with them in a such a way. I was helping them in all their activities. We had an activity of cutting thread for the lamp, this was an activity which we began in order to engage them.

Prayer is strongest force which keeps our life alive. We have got the inmates from different religion. But they believe in Jesus and keep the house in an atmosphere of prayer. When we begin something for the Good of destitute, God will help us to continue his mission in the world through many people . I experienced the providence of God! Everything reveals the love of God towards us. I had a peaceful stay there I had all the freedom to move Sr.Bincy helped me to understand them in a better way.

As I was there I came across many incidences which I cannot forget in my life. I would like to share one incident here, one fine day one lady came for an admission for her Fathers third wife who was living with her for many years. This grandma had an habit to go out of the house very often so one day she left her house and the police caught and the police informed her daughter with whom she was living and this woman was a daily worker who works for her daily food, she left her work and remained there for whole day and done all the procedures which was in need and the police suggested her to keep her in some centres in order to keep her safe, so the daughter and the mother came to us, this grandma was very graceful and we welcomed her with whole heart, and the daughter went back to her house it was almost evening, the same day night she came back again to take back her mother when we asked her why do you take her back she told that she is not finding peace in her heart, she thanked us and she took back her mother. Through this incident I realized that there are poor people who give value for the relationships.

I thank God for all the experience which I had; all the sisters helped me in various ways they supported me with their encouraging words. I had the opportunity to put out my talents in all the activities which I did. I also had the opportunity to be with the community during the time of corona

I was moving along with the community in all the activities, it helped me to understand the community life in a little deeper. As I look back feel that he kept me safe in his hands I thank God for all the sisters of Arampally community especially Sr.Mary , the animator of the community Sr.Bincy with whom I was collaborating and Sr. Lila, sr.Lourdu, Sr.Silvia and all the aspirants who helped me in various ways.

I am also grateful to Sr. Mini Pallipadan and councillors and Sr.Marykutty my misters for giving this wonderful opportunity to experience the mission field in our congregation and

to put in to practice what I learned from the formation and to spent my life with the poor who needs our support. I express my gratitude To Sr. Mini Vadakumchery and community and all my companions who supported with their prayer.

Maya Mathew, 2nd yr Novice - Mysuru

A UNIQUE EXPERIENCE

My community experience in Pappinisery - Kannur was really memorable one. On 10th December 2019 I stepped into the community of Aradhana Convent for community for community experience. I was eagerly waiting for this unique opportunity. As I entered this small community of adorers I was welcomed and accepted just me just one among them. I felt God's immense presence

leading and guiding me throughout my programme.

During my canonical year of the novitiate, I thoroughly studied the life style of Adorers through various studies and being with my mistress. As I started the community experience, I was able to actualize it and I was directly involved in the various activities of the community and the ministry. My time table was flexible and I was able to move about freely and peacefully reaching out to the needs of the community. The involvement in the apostolate brought me a lot of joy and happiness in accomplishing it, for the glory of God. I had been entrusted with the responsibility of teaching the little ones in the school. As I taught them with all my simplicity I recalled my own childhood days when I was serving them, I could feel the closeness of God and this also gave me the conviction that, I am called and chosen to impart the adoring and redeeming love of the master, Jesus the crucified and risen one. Sisters of the community encouraged and supported me in all my endeavors. I felt God's immeasurable love and goodness by their very being.

I often remembered our foundress St. Maria, who served the poor and the needy and she was thirsting for the souls. She was true model and the inspiration to give myself completely in the service of our neighbor. I was also impelled by the word of God Whatever you do, to the least of my people, you did to me. (Mt 25 – Last judgement) Article NO: 6 of our constitution says - Christ Jesus who has brought us together as adorers of his

saving blood, is the radiant center of our life in the community. Article No 7 – says we are called by the Lord, for genuine faith communion among us. This phrase of the constitution challenged me to live my community life happily and joyfully, witnessing the early Christian community.

"Generous heart may forget, what it has given, but a grateful heart will not forget, what it has received".

I owe my sincere thanks to my provincial superior for her thoughtfulness, guidance and Sr.Mary kutty my novice mistress for her keen interest in organizing this programme and Sr. Mini and the sisters of Mysuru community, who supported me through their valuable prayers. I always recall, relive and cherish the sweet memories and the rich experiences I had during my community experience.

**Wilma Shalini Crasta - 2nd yr Novice -
Mysuru**

**"Among the daughters of this
Institute which militates
under the auspicious of the
Most Precious Blood, let there
not be one who refuses
sufferings no matter what
they may be".**

Adorers Praying the Chaplet of the precious Blood to eliminate the Corona Pandemic from the world

The ASC communities throughout the Region spent our precious time in Holy Eucharistic celebrations through online, Eucharistic Adoration, Rosaries and Chaplet of the precious Blood seeking Almighty's gracious protection over the universe against the Corona pandemic.



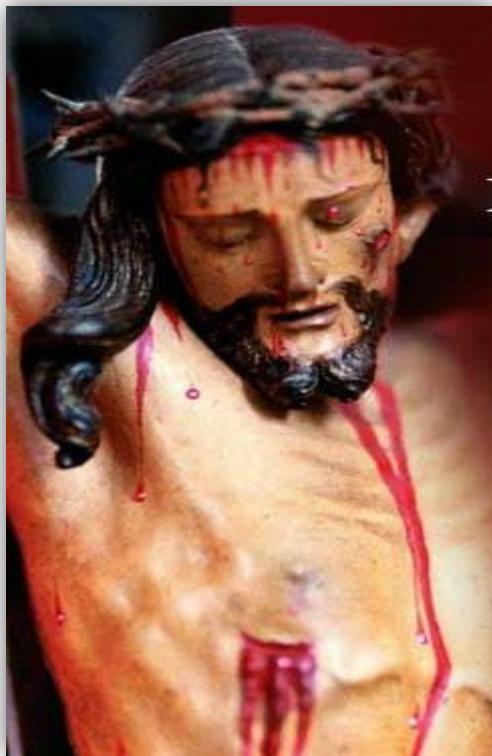
PRAYER TO ST. GASPAR DURING EPIDEMIC

St. Gaspar, during this time of distress we ask you to intercede for us before our heavenly Father. During your exile, you experienced the pain of imprisonment and separation from your family. We ask your intercession for all those who are now in quarantine and restrain to move freely due to Covid-19.

You said we are all patients in the hospital of the world. Now we are living this reality in a dramatic way. We ask your intercession for all the sick and infected and for all those who are caring for them beyond the limits of their strength. You reminded us that the thought of death was a great counsellor. Death is close to us these days. We ask your intercession for all those who have died and also for those who mourn them.

Through you, St.Gaspar, we seek refuge in the wounds of our Lord Jesus Christ and we trust in the power of His redeeming Blood. We ask this through Christ our Lord. Amen

**Titular feast of the Congregation, July 1st , 2020
Most Precious Blood of Jesus,
save the world from Corona Pandemic**

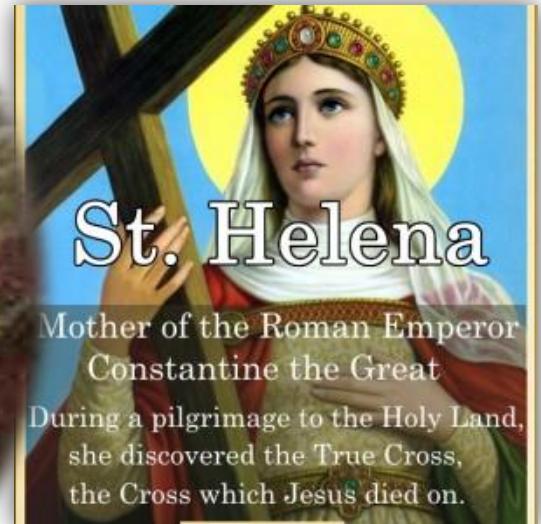


**FEAST OF THE
ASSUMPTION &
INDEPENDENCE DAY -
AUGUST 15th, 2020**



Feast of the Exaltation of the Holy Cross, Sep 14th, 2020

We Adore you O Christ and we bless you, because
by your Holy Cross you have
Redeemed the World



St. Helena

Mother of the Roman Emperor
Constantine the Great
During a pilgrimage to the Holy Land,
she discovered the True Cross,
the Cross which Jesus died on.

Feast day of Mary, Woman of the New Covenant Sept 15th, 2020





Aardhana Academy - Bengaluru

**Congratulations to you dear
Sr.Siji and Sisters of the comty
& Teaching staff for the good
ICSE result! Well done!**



St.Maria School - Ranchi

**Congratulations to you dear
Sr.Mini and Sisters of the
comty & Teaching staff for
the good ICSE result!**

Well done!



St.Francis School - Mathura

**Congratulations to you dear
Sr.Moly and Sisters of the
comty, Franciscan Brothers &
Teaching staff for the good
ICSE result!**

Well done!

A Very Happy Birthday and many happy returns of the day to you dear Sisters

July

Sr.Elsy Velayappallil	01
Sr.Elsie Kariattil	02
Sr.Sheela Mary	03
Sr.Kanthamani Abburi	08
Sr.Shiny Kayyaniyil	08
Sr.Jaisy Karukuttikaran	10
Sr.Lourdu Mary Savarimuttu	18
Sr.Jiya Elappunkal	26

August

Sr.Lourdu Mary Susai	07
Sr.Mercy Angela	09
Sr.Moly Pullan	13
Sr.Jyothi Nallamothu	14
Sr.Manjusha Pulickakunnel	15
Sr.Jessica D'Souza	19
Sr.Jancy Pallicka	29



Happy Birthday
Wishing you a beautiful day!

September

Sr.Lila Akkanath	01
Sr.Mary Malieckal	03
Sr.Chinnammal. A	08
Sr.Renita Norohna	14
Sr.Jancy Rani	15
Sr.Lalitha Varakukalayil	18
Sr.Gracy Vadakumcherry	24
Sr.Joji Chirakandathil	29

