

# ARADHANA DWANI

January - March, 2020

## INDIA REGION - ASC



### ... At Your Word...

**Be happy  
Attitude of  
St. Maria De  
Mattias**

Almost every letter written by St. Maria De Mattias contained the counsel to “**Be cheerful; Do not worry; God will provide**”. Yes, most of her calls for cheerfulness are attached with a reminder of God’s provident care. St. Marias words can be made it as a poem.

**Be happy and work with all your fervour,**

**Be happy and have great trust in Mary**

**Be happy and grateful to the Lord for all His gentle care.**

**Be happy for things will turn out quite well,**

**Be happy and do not worry, dear,**

**Be happy and place your confidence in Jesus’ precious Blood**

**Be happy and call on Mother Mary**

**Be happy and work for sanctity for that’s His will for you.**

**Be happy for Jesus cares for you,**

**Be happy and give yourself entirely to the Lord Your God.**

**Be happy and witness to his Love**

**Be happy, give honour to his Blood**

**Be happy and bring all people to His open loving Side (Apostolic Spirituality).**

As we celebrate the 215<sup>th</sup> birthday of St. Maria De Mattias and 185<sup>th</sup> birthday of our Congregation, let us intercede to her that each of us may be reminded of her advice to be happy especially in moment of our difficulties and transmit the spirituality and the charism in a vibrant way to the young generation.

**Sr. Elsy Palatty, asc**



## St. Maria De Mattias, a contemporary woman of the Word

A deep glance and reflection on the life and letters of St. Maria would reveal to us the fact that she lived her consecrated life in absolute synchronization with the Gospel values and fundamental Christian ecclesial principles. Truly, Maria was an ecclesial woman for whom sacred scripture was not something that has to be separated from life, something abstract, but rather it was an integral part of her life that influenced and reflected in her very style of life. Consequently we note that the Holy Spirit inspired her to choose a spirituality which is the heart of the Church as well as in the heart of Jesus Christ, namely the spirituality of the Blood of Christ.



We can affirm that Maria De Mathias was a woman of the “WORD” precisely because she lived in totality the central themes the New Testament proposes and unfolds; the aspect of “God’s divine mercy and Grace”. The synoptic Gospels especially Lucan narratives high lights the aspect of Mercy of God in the parables of the merciful father, (Lk, 15# 11-31), Good Samaritan, (Lk 10# 25-37) lost sheep, (15#1-7), lost coin (15#8-10) and the story of Zacchaeus (Lk, 19# 1-10), etc. Jesus amazingly makes tangible the great mercy of God in the face of human miseries of sin and shame. This is absolutely in contrast with the image of an Old Testament God; A punishing and frightening God. The revelation of Jesus about his Father as a forgiving God, transform our pre concept of God to the extend we are coheirs with Jesus in the inheritance of his’ glory (Heb 9# 15-16).

A detailed reflection of the letters and spirituality of St. Maria would undoubtedly reveal the great disposition of her heart. The fabulous volumes of her letters demonstrate her total dependence on God and His divine Mercy. Further her letters testify that often she submitted herself to God in utter dependence. Moved with great humility and in a spirit of submission she confessed her limitations and weaknesses. Maia de Matthias trusted in the mercy of God and in turn became a person who experienced the tender Mercy of God all through her life. The confrontation of her life with the Word of God helped to discover herself, to live consciously, always in the present and not in the past. The complete knowledge and control of her own feelings and thoughts helped Maria De Mathias to carve her personality, and to reach the height of human and spiritual maturity. This is because she experienced always the outpouring of God’s mercy and compassion in her life. Without any inhibition, Maria acknowledged herself as the lowly servant of God and all her letters gives vivid expression of this outstanding quality.

“From his fullness we have all received grace upon grace”, (Jn, 1 #16-17). John explains in his Gospel that we have all received grace upon grace. If it is through divine mercy we have been forgiven it is precisely through grace and according to the measure of our faith we are redeemed. St. Maria de Mathias was a beneficiary of God’s grace which enabled her to remain long hours in contemplation of the crucified Lord. Her faith was incredible and so the river of Grace flowed into her life! “My

grace is sufficient for you, for my power is manifested fully in weakness” (2 Cori, 12# 9-10) Jesus re-confirms and encourages St. Paul to persevere in his call.

For us, Adorers the appeal of the 21<sup>st</sup> General assembly is to daily listening to the WORD and enter into a process of personal transformation. We in India have also chosen the theme the “Word centred community” that would fundamentally take us back to the person of St. Maria, who lived in fullness a Word based life . Her life and spirituality become reliable and relevant source for us even today and she would challenge us to find life in the Sacred scripture. To live in coherence with the Word is to experience the abundance of grace and fullness of God’s mercy for us and in us.

**Sr.Beena Thoombalan - Kolar**

## **THE IMPORTANT FEASTS OF JANUARY 2020**

A warm and genial welcome to the New Year 2020. When we look at it in the scenario of normal life we are happy with lots of newness in dress, food and decorations and celebrations everywhere. As you enter into its spiritual meaning we begin the New Year with Mary the Mother of God; in other words the motherhood of Mary. Mary in the beginning and end of our life with Christ Jesus. The humanity and divinity of Jesus is brought forth through Mary. The body and soul of Jesus is there with Mary the mother of God. Mary is the woman who understands how to live in uncertainties of life. We get a fresh start with Mary at the beginning of the New Year. Mary brought forth the divine person Jesus Christ both God and man, Mary always walked with Jesus. At the wedding at Cana, at the foot of the Cross and so and so forth. As we begin the New Year with Mary the Mother of God and the mother of Mary, she be with us all throughout this New Year 2020 to guide and lead us to Jesus Christ her Son.

Another important feast that we come across is Epiphany of the Lord. “On entering the house they saw the Child with Mary his mother. They prostrated themselves and did him homage. Then they opened their treasures and offered him gifts of Gold, frankincense and myrrh” (Mt 2/11)

Epiphany celebrated on 5/01/2020 which means manifestation. The Epiphany of the Lord Jesus’ manifestation not only to the three Magi but real manifestation of Christ as the Light of the World. God used what they were familiar with, to call them to adore Christ. He used a star. They understood the stars when they saw the new and unique star over Bethlehem and realized that something special was happening.

The second thing to note is that the Magi fell prostrate before the Child Jesus. They laid their lives down before him in complete surrender and adoration. Lastly the Magi brought gold, frankincense and myrrh. These three gifts presented to our Lord show that they acknowledged this child as the Divine King who would die to save us from sin. In our lives we are called to seek out the Messiah and to surrender our intellect, will and memory at his feet thus to enjoy the theological virtues of Faith, Love and Hope.

When we come to the Baptism of the Lord Jesus Christ, that is celebrated on 12/01/2020 reminds us the baptism of Jesus, together with the solemnity of the Epiphany and the changing of water into

wine at Cana Galilee are three dimensions of one mystery- the glory of Jesus. At the Epiphany Mary his mother shows Jesus the infant to the gentile world represented by the Magi; at his baptism, the Father shows Jesus as His Son to the nations. Baptism of Jesus marks the beginning of his mission and public ministry. By baptism Jesus is consecrated and commissioned by the Father, empowered and anointed by the Holy Spirit who descends on Him in the form of a dove. In humility Jesus shows himself to be numbered among sinners. At Jesus' baptism the heavens were opened which was closed by the sin Adam and Eve. It calls each one of us to mind our own baptism and that we are consecrated and commissioned by Jesus and we too are anointed and empowered by the Holy Spirit to become children of God. To each of us God says 'you are my child, my chosen one my favor rests you'. We are precious to God. He takes delight in us. let's make a personal and communitarian resolution to live a life of holiness in loving and obeying Jesus our Saviour and only soul master. Thus with the baptism of the Lord Jesus Christ the Christmas tide ends.

Lastly the conversion of St.Paul the great apostle was according to the New Testament, an event in the life of Paul the apostle that led him to cease persecuting early Christians and to become a follower of Jesus. The conversion of Paul, in spite of his attempts to completely eradicate Christianity, is seen as evidence of the power of Divine grace, with no fall so deep that grace cannot descend to it and no height so lofty that grace cannot lift the sinner to it. It also demonstrates God's power to use everything, even the hostile persecutor to achieve the Divine purpose.

**Sr.Lila Akkanath - Bengaluru**

## **Happy community**

My little thought on community life and its happiness. A happy community is but an earlier heaven, the best place of joy, where all things are shared in benevolence. Community faces are magic mirrors, which reflect trust, respect and mutual care. The happiness of a community cannot help but add joy to the happiness of its members. The happiness of its members increases in the joy of GOD day by day.

A fully happy community cannot exist, unless its joy is shared by all its members. The thought of how much our joy means to others should help to make us joyful. Today the community has dramatically changed and the juniors are less inclined advice from their elders. We are less obedient and more fearless, with less dependence on authorities though we still look to our other members for acceptance.

Both the senior and junior sisters in community should cooperate to bridge the communication or generation gap and generate harmony among all. All of us need encouragement and appreciation, when our efforts are appreciated; we are inspired to carry on in the same way. It is not out of place to suggest to our young sisters that they should be grateful they have their elders with them, even if occasionally not with positive approach. Confidence always gives pleasure to both groups.

**Sr.Josephine Mary Agnes - Bengaluru**

## St Maria De Mattias woman of great hope

**St. Maria pray for us**

Today March 4th 2020 in our congregation in all our Provinces, delegations & Missions around the world, celebrate the 185th Anniversary of the foundation of our congregation. One of the most precious gifts that the Lord had given to our congregation at this point in time is the gift of hope. St Maria De Mattias was a woman of great hope. Hope that is rooted in love and so it has reached out to others. We too must have confidence that the same Charism that Jesus gave to St. Maria is to be continued in and through us by collaborating with his works of Redemption, as we continue to have confident in the power of His precious Blood.

Anniversary of our congregation is a time of grace. The personal dedication of each sister has given life to their years and has shaped the 185 years history of our congregation. This story also includes all of our sisters who have preceded us in death and now intercede for us before God. We are confident that the Lord wants to bring new life among all of us today. The charism that he gave to St. Maria and that he has continued to give to Adorers during these 185 years. As together in apostolic love we move into the future toward that beautiful order of things that the great Son of God came to establish in his Blood. (Letter #16).



**Sr.Jiya Elappunkal - Velgodu**

**With hearts moved we come  
to you and ask, open for us,  
new paths of holiness, so  
humanity, still today, may  
be touched by the joy of the  
precious Blood.**

*Lord Jesus, I ask for the grace to  
serve  
all in joy and simplicity.  
That while I work for others,  
my presence is liberating and  
reconciling.  
(St. Maria De Mattias)*

# Schools

St.Maria School - Ranchi

Annual Day  
Congratulations!



# Aradhana Academy - Bengaluru

## Annual Day - Congratulations!



# St.Maria De Mattias School - Kerala

## Annual day - Congratulations !



# Social Centres

Mysuru

## CHRISTMAS CELEBRATION with the NTC & SHG'S

**Christmas bells ring and make all people sing!** We began Christmas with prayer and a melodious prayer song. We lighted the lamp symbolizing Jesus as the light of the World. There was a warm welcome and greetings for the guest. Sr.Jaisy the directress of Navodaya charitable society was present. The students have their own way to capture our hearts. There was a beautiful dance by the NTC students.



Christmas is not complete without cake. Our directress Sr.Jaisy delivered the message of Christmas and wished us all those who are present. There was carol singing by our NTC students and also these students received the prizes for competition, exhibition and sports on this event. The Nandadeepa members of SHG's had been invited for the celebration and they were given gifts. This made all the members happy. There was the event of having Christmas friend among our staff at Navodaya and NTC students. We had prayed for our special friend for 1 month and we exchanged gifts as the formal closing of this event.

**Social centre - Mysuru**

# *Ranchi*

## *Christmas celebration with the tuition children*



*Sr. Jancy Pallicka - Ranchi*

## PILGRIMAGE TO VELANGANNI

*God is supreme. God is in the midst of thousands and thousands of pilgrims.*

The whole staff of Navodaya had pilgrimage visit to our lady of Velanganni at Tamil Nadu for 3 days. The day was bright with chill and thrill. "One God, One Life" - and only happiness. Sr.Jaicyn our directress and 14 of us travelled together with measureless love and joy in our hearts. We welcomed Mother Mary's blessings and experienced happiness.



Though we are non-Christians we were overwhelmed to see the pilgrims and their faith in God. Rituals are different but redemption of God is equal. It was an unforgettable experience to see the devotee flocking towards Mother Mary with their shedding tears, heavy sorrows and unuttered pains in their hearts. We also offered our prayers and petitions to Mamma Mary. Mother Mary is the way to go forward to Jesus. We uttered and muttered all our pains, sorrows, troubles, anxieties, tensions, worries at the protective feet of Mother Mary by offering candles and flowers. The days were very prayerful and delightful. Mary our Mother please unite us with your Son Jesus Christ always and everywhere.

**Social Centre - Mysuru**

### *Children's Day Celebration*

Children's day was celebrated in our Centre. On November 15<sup>th</sup> 2019, a program was arranged for all the children of the tuition centers. It was a grand celebration with 136 students from all the tuition centers managed by the Navodaya Charitable Society, Mysuru. It was a celebration of Children's day - the birth anniversary of Pandit Jawarharlal Nehru, the first Prime minister of India, who was a lover of children.

The program was conducted in a novel way. Various Cultural competitions like dance, song, speech and drawing competition were held for the children. The competition began at 10am with prayer ceremony along with lighting the lamp and welcome marked the beginning of the program.

On this special day Mrs. Anne - Member of Sahayamathe SHG & retired Head Mistress, Sr.Regina and Sr.Deepika - Teachers of St. Maria De Mattias School, were the

judges of this competition. Sr. Jaisy, our directress graced the occasion. All the tuition children are performed well. And the judges gave good result for their performance in group song, group dance, and speech competitions.



The cultural event program started at 2pm. Rev.Fr.Vincent – Parish priest, Our Lady of Perpetual Succor, Kuvempunagar. Mrs.Shobha – Principal, Sandal Rose Convent. Sr.Mini Vadakumcherry – Superior of Aradhana Convent. Mrs.Anne – retired Head Mistress was the guest of the day. Sr.Jaisy Karukuttikaran, the directress of Navodaya Charitable Society presided over the function. The prayer song was sung and Mrs.Pallavi welcomed the gathering. The lamp was lighted by the guests.

The cultural programmes like dance, song and speech was performed on the stage. Rev.Fr.Vincent and Mrs.Shobha gave good message for the students. Mahatma Gandhi tuition of Arasinakere achieved the first prize; Mother Theresa tuition of Srirampura achieved the second and third prize in Dance. Saraswathi Vidya tuition students got first prize in song competition, 2<sup>nd</sup> prize – Mahatma Gandhi and 3<sup>rd</sup> prize – Nehru tuition. Lalbhadhur shastri tuition student got first prize in speech competition, the topic- mobile advantages and disadvantages, 2<sup>nd</sup> – Sarojini Naidu tuition and 3<sup>rd</sup> prize – Indira Gandhi Tuition. And also our Aradhana convent students performed a dance to entertain the Children's.



There was a photo session for each tuition centre individually along with their teachers. Those who didn't get prize for them sister gave notebooks and she gave greetings and wishes for all the students. The program ended with the singing of National Anthem. We thank the sisters; staff of Navodaya Charitable Society, the teachers of the tuition centres and the Children who made the function a grand success.

## Social centre - Mysuru

### St. Maria De Mattias EM School Pappinisseri

### Grandparent's Day

**"Special people deserve special place"**. Grandparents are family's greater treasure, the founders of a loving legacy, the greatest storytellers, and the keeper of tradition. Grandparent's hold a special place in everyone's heart.

The kids of St.Maria De Mattias English Medium School celebrated grandparent's day on 30<sup>th</sup> November 2019, to honor grandparents and respect for the older generation. Grandparent's day help to make children more aware of the many ways in which their grandparents after influence their emotional development and education. It's a good time for grandchildren and their parents to reflect on the guidance they reactive from older generations and to show their appreciation





Fun filled dance and songs followed by games, so as to make the special day memorable for all grandparents. The day filled with fun and frolic was appreciated by the grandparents who abundantly enjoyed with their little ones.

**St.Maria De Mattias School - Kerala**

**Happy are you, St.Maria  
De Mattias, missionary  
adorer, poor in spirit and  
mEEK, with unceasing  
hunger and thirst for  
God.**

# WISH YOU ALL A VERY HAPPY FEAST DAY - Feb 4<sup>th</sup>

## PRAYER FOR OUR EMERGING FUTURE

**St. Maria De Mattias, pray with us, to our Provident God, as we discern our emerging future.**

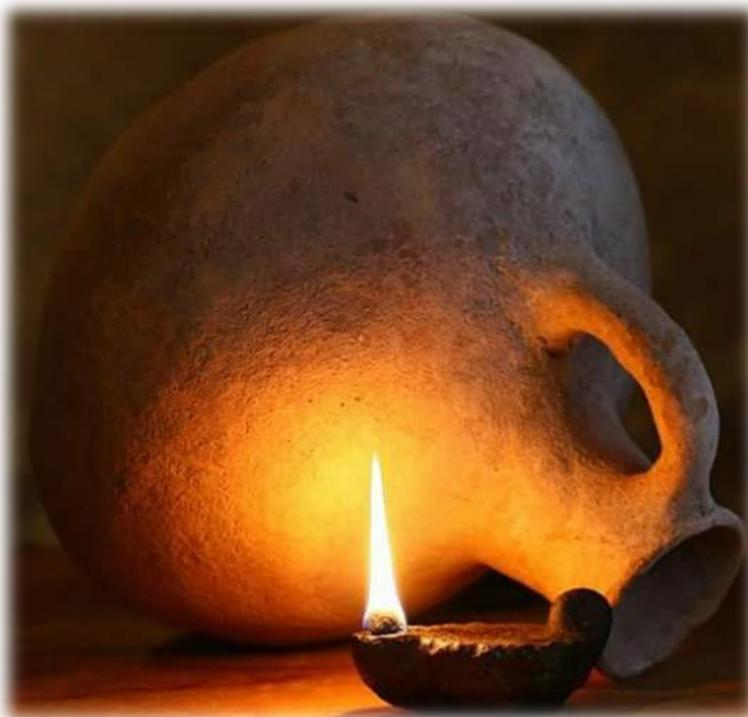
**Make us women of prayer, adorers who each day learn how to bring our lovingly before the Lord.**

**Make us women who are strong and yet gentle, sensitive and open to the voice of Christ and in Him to every voice and every silence of human anguish.**

**Make us faithful women, glad to live our charism in and for the Church, with liberty of heart, in the light of the Spirit.**

**Make us women who are humble and poor, willing to learn from every person and event of life, women who know how to bring all things together according to god's saving plan.**

**Make us women who, at your Word, embrace the process of transformation.**



**HAPPY 185<sup>TH</sup>  
ANNIVERSARY OF THE  
FOUNDATION DAY OF  
OUR CONGREGATION**



**Happy Feast day to you  
All! - March 4<sup>th</sup>**

**HAPPY BIRTHDAY AND MANY  
HAPPY RETURNS OF THE DAY TO  
YOU DEAR SISTERS**

## **Dates to Remember**

### **January**

Sr.Siji Madappallikadu	04
Sr.Shiny Pallipadan	20
Sr.Laly Thengumpallil	21
Sr.Silvia Guthala	22
Sr. Moksha Rakini	23
Sr. Moly Parayil	24
Sr. Mary Vadakumcherry	27
Sr. Shiny Karippot	28



### **February**

Sr. Fathima Madduru	02
Sr. Bridget Pulickakunnel	16
Sr.Vinnarasi.J	16
Sr. Kochuthresia Akkunnath	20

### **March**

Sr. Regina Mary	03
Sr. Mary Stella Yesthaki	09
Sr. Rotion Mangarayil	15
Sr. Rosy Bandi	26
Sr. Mini Pallipadan	27
Sr. Jiji Parayaruthadathil	31

