

ARADHANA DWANI

April - June, 2020

INDIA REGION- ASC



... At Your Word...

JESUS THE HEALER



The healing grace of Jesus Christ is overwhelming us but not as we think or expect but Jesus out of his compassion reach out to us. We find Jesus always on move among the people, healing those who are sick and suffering due to various problems of mind and body. He is the true healer of body and soul. The world is in need of His healing touch, let us call out the powerful name of Jesus as we are facing this great pandemic - Covid-19. The Global world is affected and infected with it, under the fear and lock down which is also causing great sufferings in the life of the entire humanity, the rich and poor, healthy or sick, superior or inferior alike.

Our Heavenly Father knows about our suffering, as He watched His own beloved son, Jesus, die a horrible death on a cross. He truly knows us and our suffering. Jesus knows all about our suffering, pain and death, and knows how to heal and does heal. In His death, death itself was defeated. He broke His body and shed His Blood, blessed and gave us all, to heal us from all of our iniquities. In the resurrection we see and experience the finality of the breaking of the power of sin and death. To cultivate our best part a deep humanity, a life of warm tenderness and compassion. We need a courageous stand during this time of uncertainties and suffering only through the weapon of continuous prayer, fasting and arms giving.

We are helped in this time by strong faith and God experience and support of the faith community and above all by the good memory and nearness of someone who became one of us for our sake, took up the cross although innocent, and died like a failure but rose triumphant. During this time of COVID-19, and Easter celebration we are reminded to grasp and live by what truly matters. May the Risen Lord who is amidst of us, extend His healing power upon the world, save the world from Corona Virus and give life energy to the soul and mind of the suffering humanity. **HAPPY EASTER!** **Sr.Elsy Palatty, asc**

The Chaplet of the Precious Blood to eliminate Corona Virus



- ✓ Our Father
- ✓ Hail Mary
- ✓ Glory be
- ✓ Mysteries
- ✓ After the Mystery is announced pray 7 times the following prayer as is the hail Mary in the Rosary.
- ✓ At the end pray - We adore you, O Christ and we bless you, because by your precious Blood you have redeemed the world.

1. Jesus shed His Blood in the circumcision.
 - **Most Precious Blood of Jesus Christ**
- **Sanctify the Church**

We adore you O Christ...

2. Jesus shed His Blood in the garden of Olives.
 - **Most precious Blood of Jesus Christ**
- **Have mercy on us and on the whole world**

We adore you O Christ...

3. Jesus shed His Blood in the scourging.
 - **Most precious Blood of Jesus Christ**
- **Save all the souls in purgatory**

We adore you O Christ...

4. Jesus shed His Blood in the crowning with thorns.
 - **Most precious Blood of Jesus Christ** -
Pardon our sins & heal us

We adore you O Christ...

5. Jesus shed His Blood in carrying the Cross to Calvary
 - **Most precious Blood of Jesus Christ** -
Listen to the cry of your people

We adore you O Christ...

6. Jesus shed His Blood in the Crucifixion.
 - **Most Precious Blood of Jesus Christ-**
Save the world from Corona Virus

We adore you O Christ...

7. Jesus shed His Blood at the piercing of His Sacred Heart.
 - **Most Precious Blood of Jesus Christ-**
Protect the Doctors & Nurses

We adore you O Christ...

Prayer for Protection through the Precious Blood of Christ

Lord Jesus by faith in your merits, we now take your Precious Blood and sprinkle it over ourselves and the whole world. Heal those who are sick with the Corona virus, free us from fear and pride, evil, sin, sickness and all natural calamities and Epidemics. Jesus Christ healer of all, stay by our side in this time of uncertainty and sorrow, be with the doctors and nurses, who seek to heal and help those affected and infected with virus, be with those who have died from the virus and with their families, may they know your peace. Jesus Christ stay with us, give us your peace and heal us and the world through the power of your precious Blood. Amen.

IN THE FOOTSTEPS OF THE DIVINE HEALER

**"The Lord nurses them when they are
sick and restores them to health"
(Ps:41:3)**

It was 13th may 2019, I was on morning duty at the neurological ward with 21 beds. I noticed a mother who looked preoccupied and was standing as if looking for someone to listen to her. After having finished my work i approached the mother and patting on her shoulders asked if there was anything bothering her. Then immediately tears began rolling down her eyes. She narrated her ordeal sobs and tears.

It was about her child who was admitted in the hospital. He was normal active boy of 12.suddenly one fine morning she found that her son had lost his balance to walk. They rushed him to the hospital and the boy was diagnosed with malignant brain tumour.After a few days became unconscious. The mother was shattered and yet with deep faith and trust in God she waits for her beloved son to return back to normal life, even though the doctors have given up hope. The pathetic health condition of her son worries her deeply and yet she continues to believe in God's healing intervention.

For a while I took in all that unfolded before my eyes.I considered in wonder, her faith and perseverance in prayer.The painful situation thrust on her and yet the firm hope of his mother challenged me to reflect upon my life and it was a call to witness God's tender love and compassion in my mission. I am grateful to be a servant of God and very glad in being a NURSE to witness God's love to His people.

When we look at the life of Jesus and His apostles, we realise that healing was an important and integral part of their mission.We adorers are called to

participate in the adoring and redeeming love of Christ.In keeping with this challenge, we the sisters here at Palidoro are actively involved in the healing ministry at Bambino Gesù hospital.The example of our foundress spurs us on to commit ourselves with the same zeal and enthusiasm and to dedicate ourselves for caring the sick.

The challenges of the patients and their families comprise of various aspects like physical,psychological and spiritual.In these suffering moments of their lives,our presence brings them hope.The illness of innocent children impacts the family in other ways too.For example,the parents who remain with their sick child for long periods in the hospital are not able to contrite on raising other children at home,apart from encountering economic problems and the possible separation of parents from each other.

we also come across with different kinds of parents.There are parents who don't accept their child who is ill and neglect to meet their child's needs and yet are forced to care for them inorder to avail of the benefits the child receives from the government. On the other hand ,there are also parents who accept with serenity even three or four disabled children and nurse them in all their needs.As we bring hope to these suffering parents due to ill health of their children,we also learn from them to face the challenges of our own life with steadfast faith and courage and learn to live joyfully.

The prayer of St.Ignatius of Loyola is appropriate here: " Teach us,good Lord ,to serve you as you deserve: to give ,and not to count the cost, to fight,and not to heed the wounds, to toil, and not to seek for rest, to labour,and not to ask for any reward save that of knowing that we do your will."

Sr.Arockiaasc -Palidoro -Ital

TO THE LEAST OF MY BRETHREN...

“God is our refuge and strength, an ever present help in time of trouble”. I firmly believe COVID-19 has taken all of us a flight to God for the cleansing power. Without cost, without rest as an alert Adorer to be washed in the in the Blood of lamp. Though we are corrupted yet purchased by the precious Blood of Jesus. **“Therefore we will not fear, though the earth gives way and the mountains fall into the heart of the sea”. (Ps.46:1-2).**

As Noah was protected by the mercy of God abundantly, God has taken care we as his choose ones and favored all of us and our beloved ones near and far.

Lockdown, COVID-19 has shattered the dreams of many, chained the millions, increased the poverty and decline the economy and troubled the whole world. Amidst of this tumult, God proved himself that God is great and He is omnipotent today and forever. God is much, much higher and much bigger than anyone and anything else in the world. So why don't we cling to Him? In response, we were spiritually hit on the ground. The precious life that God has given us and how He takes care his chosen ones every day made us to feel much, amidst this tribulation while thousands die every day as an orphan.

We were confounded for a while as Corona out break made global scenario more complex. While the world faced many challenges add to the epidemic,

the recent virus outbreak in China has claimed numerous lives.

We wasted no time, in full swing we reached out to God on our knee and pleaded to heal the world with peace. As God whispered “Ask and keep on asking, seek and keep on seeking, Knock and keep on knocking.” Yes, we never gave up our prayer,we gladly armed ourselves with Rosaries, continuous Adoration , chaplet of the Precious Blood and divine mercy, stations of the cross daily, sacrifices, alms giving , ejaculatory prayers, lighting the lamp in the dark world on 5th April at 9 pm, online Eucharist, movies on Saints, these spiritual Exercises helped us to be a woman at the cross like Maria De Mattias. As in return, to be a dear neighbor to our brethren who are dying and grieving for their beloved ones. Being thankful to the Lord the life that God has given us and we cannot forget His continues protection.

As our mission we responded to the cry of the humanity around us with intercessory prayers, especially praying for the tireless work of doctors, nurses, polices and public, who render their service tirelessly at their risk.

As Adorers we tried to reach out to the poor, the lonely,and less marginalized by providing food in parcels, provisions, masks, hand sanitizer, and providing necessary things of daily life to different slum areas risking one's own lives in spite of dangerous situations and to the Parishes, individual families and construction workers who are held in the campuses, due to Covid -19 and lock down. **“Whenever you did this to one**

of the least of these brothers of mine,
you did it to me” (Mt:25/40).

Sr.Jaya Sentile Mary - Bengaluru

Adorers reach out to the poor with food & other materials



Measures taken to Support the Poor during Covid 19



We the Mysuru Community extended

humanitarian support to many people, providing meals for 15 people for 20 days. We supplied food materials items for 30 labourers of our site. We provided food items and vegetables for some of poor families who are around.

Community spent most of our time in Holy Hour and Rosary, offering the world around who is affected with COVID 19. Supporting through prayer the Doctors, Nurses, medical administration, polices and other supporters. May the power of the Blood of Christ remove the Corona Virus from the world.

We thank God for protecting each one of us from Covid 19, may the Blood of Jesus Christ be ever praised. Let us be united in prayer.

Sr.Mini Vadakumcherry- Mysuru Community

Protection &precaution of Senior Citizens' during Covid– 19

Since it is a senior citizens home we were asked to take care of ourselves and our inmates keeping social distance for everything. Two of us sisters attended the awareness class conducted by the Nedumbassery Panchayat how to take precautions against this corona virus. As a result we were asked to keep a bucket of water and hand wash so that all who enter into our campus to wash hand before they meet us. Since masks were not available in the shops we prepared masks for ourselves, that's all we could do.

We spend lot of time in prayer, adoration and Praying rosary, with the intension of eliminating Corona Virus from the world and praying for the world, especially those who are affected with it. Prayer has power, and the Blood of Jesus Christ will surely save the world from this suffering. Thanks and prayers for all.

Sr.Elsy Velayappallil - Angamaly Community

United together against the killer Corona virus

Covid-19 is virtually the way of the cross for humanity. Thousands have been crucified to a cruel death by a viral organism. And also thousands have been walking an excruciating way of the cross in many countries. We pray that thousands afflicted and walking in their way of the cross, be strengthened by the faith that the cross ends in Resurrection. Therefore we the Velugode community decided to help; to give the salary to the teachers, to



provide mask and sanitizers to distribute to the poor people. We have realized that we all of us fragile and disoriented but the same time all of us called to grow together, by praying and in adoration in order to comforting the other. So we too have realized that we cannot go on thinking of ourselves but only together can we do this. We also ask the almighty God to protect all of us from this virus and bring us to our normal schedule as early as possible. May he bless all of us.

Sr. Shiny Karippot, asc - Velugodu Community

Initiatives taken during Lock down & Covid-19

From a complete “Lock Down” situation we have been following the news of the serious threat to the entire planet posed by COVID – 19 pandemic. This is a moment for us to place all our trust in God’s infinite mercy and return to Him who alone is The Alpha and Omega of our life. Like disciples in Mathew 9:23-27, Let us cry out to the Lord saying, “Save us Lord we are perishing.” We believe that the crucified Lord is truly our Saviour who walks with us, in Him we put out trust.



We are sure that the Lord will save us from all the dangers. The entire liturgical services from the Church is band by the government. In this situation, we the Delhi community spent more time in prayer, Adoration and live mass from You Tube praying for the entire world, to overcome the COVID – 19 Pandemic. As we are communion with the Lord, we too felt that, to extent the food items to the poor, those who are near to us without food due to lock down. We distributed the food items like Rice, Wheat Powder, Dal, Sugar and tea powder and masks. Yes we see Jesus Christ in the hunger and lonely.

Sr. Josephine Mary - Delhi Community

Distributed Rice and Hygiene items to 30 sweepers



**Sr.Shiny Kayaniyil - koramangala
Community**

Formees corner

TAKE A BREAK, RELAX, PRAY

The world is with fear, anxiety and tension, battling with COVID- 19 pandemic, which has turned the world upside down. This situation has also affected us in all aspects of our life. As our PM NarendraModi declared 21 days of lock down, we were a bit confused and ignorant about the purpose of it. Later, we realized that it is a measure taken to protect oneself, others and the whole country. Even though it has brought a lot of troubles to the normal rhythm of our lives, it has taught us many values for life. As we are not able to do many of our busy works, it has put a break to our lives and made us reflect, who we are? And where we are going?.

It is a time of great spiritual thirst as we are not able to participate in the H. Eucharist, especially in this holy season of Lent. It is a precious time for all of us to witness our faith and grow in more love and devotion. Everyone realizes the need and importance of the Eucharist and to spend with God, one self, others and to bring changes to lives. A time for repentance... and a time for silence...

We are sad because we are unable to attend the H. Mass and have the sacrament of confession. But we are more close to Jesus as we meet Him every day in the Blessed Sacrament and intercede for the whole world. We are grown in our devotion to Mother Mary as were doing perpetual rosary. This time helped us to know more about saints as we watched together with sisters, movies of different saints.

Our Mother foundress , St Maria De Mattias, always recommended order and cleanliness of the religious houses. This was a time for us keep our house, land and our surroundings more clean and plastic free. The animals and plants are so happy because in one way the safe



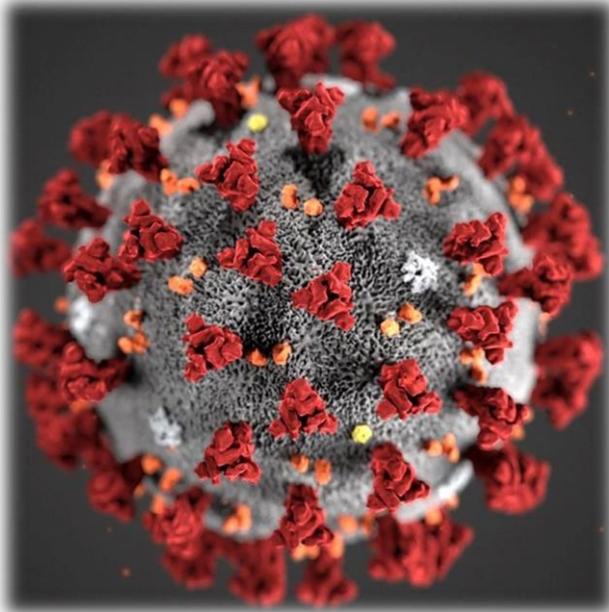
without any pollution. We also learned many new activities and creative works from our sisters through various classes during this period.

At the same time this lock down has brought so much of pain to many people because different important events are cancelled, and many of them cannot even attend the needs of their dear and near ones. Some are not able to attend the funerals of their own family members. In the midst of all these sufferings and pain we feel one with the afflicted humanity as we pray daily for the healing of the whole world and take part in small services by packing along with sisters, grocery items to distribute for those who are in need. We put our complete trust in the power of the Precious Blood that God may have mercy on us and we overcome this terrible situation as early as possible.

**Lavina, Mary Matha and Sandhya
Postulants - Bengaluru**

**Congratulations & thanks to you
dear sisters & Formees for your
generous heart, expressed to the
suffering humanity through
prayers and arms giving during
this time of Covid -19, 2020**

PANDEMIC COVID - 19, 2020



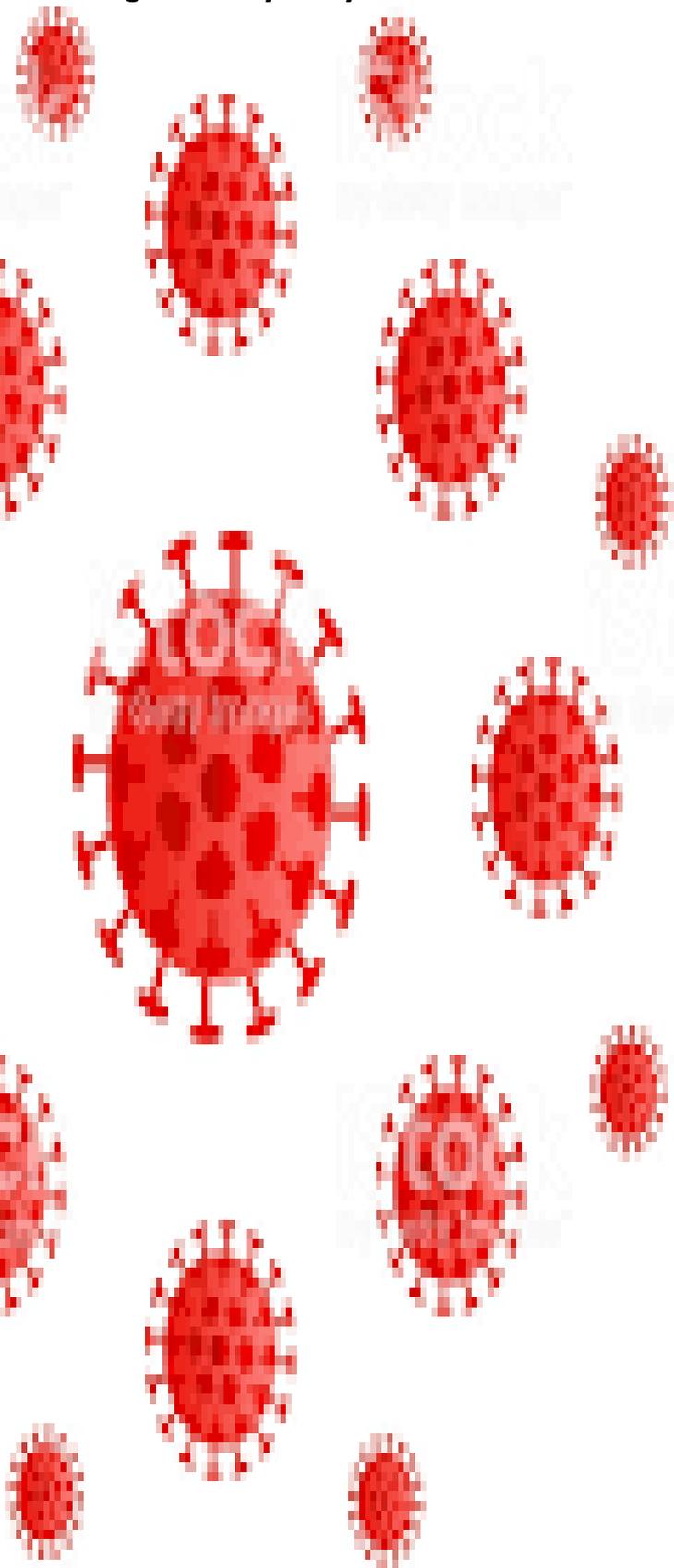
***Let us continue to pray for all those
who are affected with Covid -19***

May the power of the Blood of Christ heal everyone!

CORONA CRUSH - A to Z

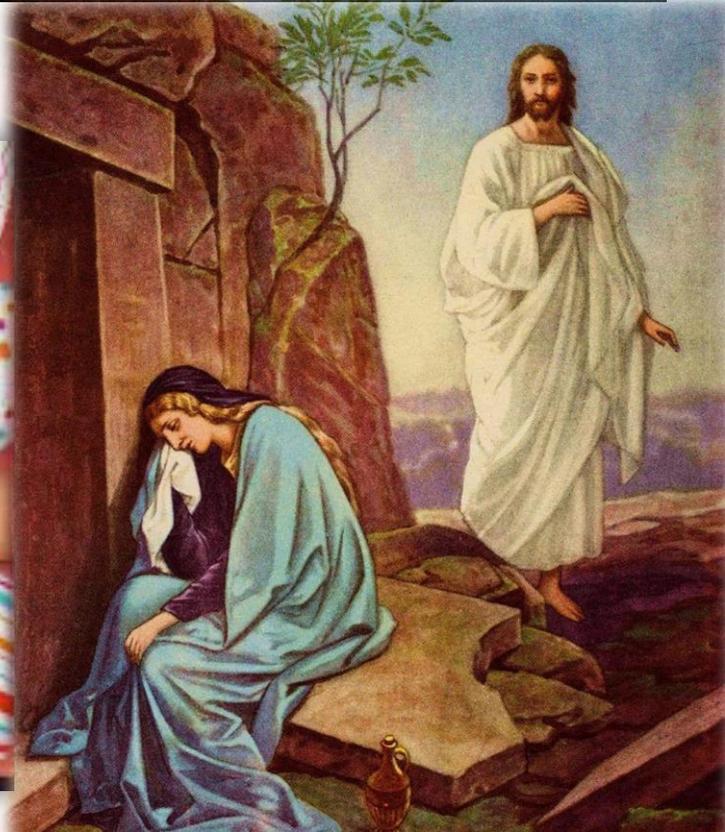
Sr.Regina Mary - Mysuru

- A**ffects whole Universe...
- B**attles in lungs and throat chock...
- C**onfuses views & understandings...
- D**eprives daily wages & business...
- E**mbraces hope & faith...
- F**rustrates orphans & widows...
- G**looms farmers & charming kids...
- H**orrifies doctors & nurses...
- I**solates born babies & aged...
- J**itters young & old...
- K**ills weak & strong...
- L**ife threats to poor & rich...
- M**urders black & white...
- N**iggles animals & humans...
- O**ppresses national - international...
- P**anics employ & unemployed...
- Q**uestions healthy & unhealthy...
- R**estricts food & medicine...
- S**cares strong & weak...
- T**reacherous millionaires
- U**npleasant artists & dancers...
- V**enoms body & mind...
- W**obbles near & far...
- X**eroxes love & compassion...
- Y**ells inside & outside world...
- Z**aps whole universe.



HAPPY EASTER
APRIL 12, 2020

May this Easter 2020 with Covid -19 & Lock down, bring peace, new life, and healing to every one of you,as in a Global level we are undergoing the sufferings anduncertainties. May the Risen Lord extend His healing power upon the world and save the world from this Virus and give life and energy to the soul and



FEASTAL WISHES!

May 18, 2020



“Remember that God has called you to this holy Institute to become a saint and to sanctify other souls which cost Jesus, Our Crucified Spouse’ Blood”

(St.MDM # 659)

“Let us cherish in our hearts the love of Jesus Crucified and endeavour to make Him known to others so that he may be loved by all. “ Urge you purity of intention, doing all for love of God and for the salvation of souls”

(St MDM # 881)

“Pray much, very much; everything is obtained from God by prayer. Often make acts of love of Jesus Crucified and keep Him in your heart”.

(St.MDM # 703)

Eternal rest grant unto them O Lord, let your perpetual
light shine upon them .May they rest in Pease

Mrs.Mariam - Sr.Jacintha's Mother (March 25th, 2020)



T.D.Mathew- Sr.Celin's brother (April 9th, 2020)



Mrs.Annamma - Sr.Marykutt's Mother (April 10th, 2020)



HAPPY BIRTHDAY WISHES TO YOU ALL

April

Sr. BimlaLakra	01
Sr.LourduSagayaSelvi	03
Sr. HememaJuvanapudi	09
Sr. GracyVadakiniedath	10
Sr. JacinthaManickathan	16
Sr. Salomie Vazhayil	17
Sr. Leena Puthuparambil	17
Sr.VelanganiJuthuka	21
Sr. ElsyPalatty	26

May

Sr. Rani Padayattil	02
Sr. Mercy Thadathimackal	04
Sr.Janci Rani	21
Sr. Rosy Karippai	26

June

Sr. Saroja Gantepogu	01
Sr. Josephine Agnes	04
Sr. Stella Ratchaganadhan	06
Sr. Celine Tholanickal	13
Sr. Beena Thoombalan	15
Sr.Martha Veedhi	15
Sr.Josephine Mary	26
Sr.ShinyChiraparambil	26
Sr.Jaya Sentil Mary	30
Sr.Shiny Mangarayil	30
Sr.Rojamani	30

